

APPENDIX I: (SECTION 7)

GETTING TO KNOW YOUR LEARNING STYLE WORKSHEET

Check the statements most like you.

- _____ 1. I prefer to have routine.
- _____ 2. I prefer to be presented with broad ideas I can think about and evaluate.
- _____ 3. I learn best when I am able to touch and feel.
- _____ 4. I prefer to think things through before making a decision.
- _____ 5. I prefer the instructor to use graphs, pictures, and diagrams to illustrate lecture points.
- _____ 6. I like to debate.
- _____ 7. I prefer to study by myself.
- _____ 8. I don't like to be bored.
- _____ 9. I want all the facts before I make a decision.
- _____ 10. I like change and variety in daily activities.
- _____ 11. I prefer standing and moving to sitting.
- _____ 12. I need time to reflect on all possible options in a situation.
- _____ 13. I like to watch videos.
- _____ 14. I can recall what I hear.
- _____ 15. I want everything spelled out.
- _____ 16. I prefer working in a team.
- _____ 17. I like practical down-to-earth information.
- _____ 18. I like to use my imagination and look for hidden meanings in things.
- _____ 19. I like to play cards and games with my family and friends.
- _____ 20. I like to learn by investigating various alternatives in a situation.
- _____ 21. I prefer instructions to be written.
- _____ 22. I like to express my thoughts.
- _____ 23. I prefer knowing all the details.
- _____ 24. I learn best when materials are colorful and active.

