There is a lot of discussion in the media related to the quality of education in our schools and how to produce students that are prepared to be leaders of the future. Much of the discussion uses the term 21st Century Learning (Partnership for 21st Century Learning, www.P21.org) If you examine the needs of 21st Century Learners below, it looks a lot like 4-H Youth Development. We have always known that we are a leader in developing youth.

- **21st Century Themes:** Global Awareness; Workforce Preparation; Citizenship; Leadership; Health Living; Agricultural and Environmental Literacy

- **Learning and Innovation:** Creativity and Innovation; Critical Thinking and Problem Solving; Communication and Collaboration

- **Information, Media and Technology Skills:** Information Literacy; Media Literacy; Information, Communications and Technology

- **Life and Career Skills:** Flexibility and Adaptability; Initiative and Self-direction; Social and Cross-Cultural Skills; Productivity and Accountability; Leadership and Responsibility

Let’s continue to spread the word that 4-H Grows Leaders!
4-H CITIZENSHIP AND LEADERSHIP FINALISTS
Lori Gallimore, Extension Specialist

State portfolio judging has been completed for the leadership and citizenship project areas. Each finalist will receive a scholarship to Tennessee 4-H Congress, March 19-22. The alternates are listed in rank order, but the finalist are not. If a finalist cannot go to Congress, an alternate will be awarded the trip and the opportunity to compete for the state award. Detailed information about Congress will be coming out to agents and finalists shortly.

**Citizenship Level I**
Chloe Weaver, Knox County
Cassie Lewis, Lauderdale County
Sorrell Martin, Lincoln County
Olivia Browning, Sevier County
Kendal Penick,Weakley County
Amber Hiscock, Williamson County

*Alternate:*
Analynn Jones, Robertson County

**Citizenship Level II**
Katelyn Wilson, Crockett County
Leah Ransom, Johnson County
Preston Waggoner, Loudon County
Emily Welte, Putnam County
Amber Jones, Robertson County
Kassidy Beasley, Sumner County

*Alternates:*
John Goggans, Hamilton County
Khloe Arwood, Lauderdale County

**Leadership Level I**
Hannah Freeland, Knox County
Maria Hudson, Knox County
Hannah Bernhardt, Putnam County
Austin Parker, Robertson County
Caroline Brooks, Warren County
Tabitha Jenkins, Wilson County

*Alternates:*
Nicholas Monday, Anderson County
Jordan Bowling, Anderson County

**Leadership Level II**
Sydnee Kalinisan, Crockett County
Sarah Myers, Crockett County
Kendall Martin, Lincoln County
Kathryn Fellhoelter, Loudon County
Brooklyn Driver, Macon County
Amber Thornton, Sumner County

*Alternates:*
Abigail Herz, Shelby County
Caroline Herz, Shelby County
BILLS AND RESOLUTION READY FOR STATE 4-H CONGRESS

Daniel Sarver, Extension Specialist

The bills and resolution to be used in the Know Your Government program at State 4-H Congress have been posted to the website. They can be found at https://4h.tennessee.edu/Pages/stcong/nourgov.aspx.

The Know Your Government program is always one of the highlights of State 4-H Congress. Delegates will have the opportunity to state their views and try to influence their peers as they actually vote on the bills and resolution.

There are resources to help delegates prepare for this mock legislative session. There is also a link allowing you to print the bills from the website. Special thanks go to the Eastern Region and Western Region offices for their efforts in developing the bills and the resolution.
4-H HORSE VOLUNTEER LEADER TRAINING
Claudia Baney, Extension Specialist

4-H Volunteer Leader and Agent Trainings will be hosted throughout the state in March to strengthen skills and provide additional tools to prepare youth for the horse project. Topics covered during the training will span an overview of the project and events, along with specific techniques to aid in preparing youth for educational contests and the upcoming show season. Registration cost is $20 per person and covers lunch along with educational materials each attendee will receive. The dates, locations and registration deadlines for each regional training are listed below. Any volunteers, leaders, and parents are welcome to attend, along with interested county agents.

4-H Volunteer Leader Training Schedule

Central Region - Registration information
  Training Date: March 11, 2017
  Location: Horse Science Center, MTSU, Murfreesboro, TN
  Registration Deadline: March 3, 2017

Western Region - Registration Information
  Training Date: March 18, 2017
  Location: West TN Research and Education Center, Jackson, TN
  Registration Deadline: March 10, 2017

Eastern Region - Registration Information
  Training Date: March 25, 2017
  Location: Brehm Animal Science Building, Knoxville, TN
  Registration Deadline: March 17, 2017

Registration information can be found at:
https://ag.tennessee.edu/AnimalScience/4-H/Pages/Horse.aspx

Please contact Dr. Jennie Ivey at jzivey@utk.edu or (865) 974-3157 for additional information.
CURRENT GRANT PROJECTS
Shelby Brawner, Extension Assistant/Grant Manager

FOOD SMART FAMILIES IN BEDFORD COUNTY
Emily Osterhaus, Extension Agent

Bedford County 4-H has been cooking up the fun with the Food Smart Families Grant funded by United Healthcare. For the past two years, Junior High 4-H’ers have been learning nutritious recipes and ways to improve their overall health.

We have focused on simple concepts like:
1) Drinking more water. You don’t have to quit all sweet drinks, but let’s slow down a bit.
2) Eat breakfast every day! Then we made simple and easy breakfast foods.
3) Sauces can be a health killer! Just because that salad has veggies doesn’t mean it’s healthy! Then we made a low-fat dressing (that actually tasted good!).

We also take time to exercise, try foods with lean meats, and just try new foods. Sometimes trying food is half the battle with junior high youth. It is amazing to watch a teen go from “I don’t like that” to “Hey, that is pretty good!” These youth in a two year time will have received 10 hours of nutritional education and gotten to try lots of new and healthy foods.

There have also been opportunities for community outreach. We held an open house where older 4-H members taught classes on smoothies and yogurt parfaits. We also held a youth day at the county fair where youth taught healthy eating to children and served them turkey tacos. The hands on learning and getting to eat make learning fun and memorable!
Tennessee 4-H Alumni & Friends Annual Meeting
Ryan Hensley, Executive Director, TN 4-H Foundation

The Tennessee 4-H Alumni and Friends will host the second annual meeting on Saturday, February 25. The event begins at 10:30 a.m. Central at the Wilson County Expo Center. The annual meeting will serve as an opportunity for 4-H alumni and supporters to come together, to learn about the current state of 4-H, and to discuss what can be done to support and to improve the Tennessee 4-H program on the local, regional, and state levels.

A 4-H original, Amy Gallimore, will be the Keynote speaker for the luncheon. We are also honoring Dr. Jim Byford with the 2017 Tennessee 4-H Alumni Leadership Award.

Tennessee 4-H Alumni and Friends was officially formed in 2015 and set out to unite people who believe strongly in promoting and supporting the 4-H program. Anyone who has been involved with or supported the 4-H program is eligible to join and can help serve and better the Tennessee 4-H program. Believing in the power of the 4-H program to transform today’s youth, the Tennessee 4-H Alumni and Friends plans to serve in a variety of ways acting as mentors and project coaches, providing financial support, and volunteering to staff and to support 4-H programs and events.

Register for the event at: https://4halumni2017.eventbrite.com

Extension Program Development and Evaluation
Joseph Donaldson, Assistant Professor

Dear Colleagues, I am pleased to share the following resource list for Extension program development and evaluation.

extOL Course
  Tennessee Extension Program Planning and Evaluation Model

Upcoming Tuesday Topics Webinars
To register, or for more information, please click the applicable link below!
  Effective State Action Agendas
    Tuesday, April 11, 10-11 am ET
  Make PEN Your Friend
    Tuesday, June 6, 10-11 am ET
PEN Orientation for Authors  
Tuesday, June 6, 2-3 pm ET  

Cost-Benefit Analysis  
Tuesday, June 20, 10-11 am ET  
Previous webinar recordings and materials: ALEC Extension Professional Development  

Upcoming Inservices  
Situational Analyses: Strengths-based Approaches for Conducting Needs Assessments  
Tuesday, May 16, 10 am – 3 pm ET, Knoxville  
Co-Taught with Dr. Karen Franck  
Intended Audiences: Regional Program Leaders, Area Specialists, State Specialists, and Faculty  

Conducting Focus Groups  
Tuesday, May 23, 10 am – 3 pm ET, Knoxville  
Co-Taught with Dr. Karen Franck  
Intended Audiences: Regional Program Leaders, Area Specialists, State Specialists, and Faculty  

Program Planning and Evaluation Resources/ALEC Website  
Program Planning includes the Tennessee Extension Program Planning and Evaluation Model and the 2017 and 2018 Implementation Schedule for Planning, Evaluation and Reporting  

Evaluation Tools includes sample surveys and economic impact calculators  
Evaluation Reports includes statewide economic impact assessments and Congressional impact reports  
2016 Statewide Economic Assessment  
Federal Plans and Reports includes Plans of Work, Annual Reports, and Reviews  

New Extension Professional Orientation  
Extension Program Planning, Evaluation & Accountability  
How do you successfully start out in a county position? (McCutcheon & Duncan, 2012)  
What I wish someone had told me about evaluation when I was a new Extension Agent  

ALEC Graduate Course  
ALEC 512 – Program Planning and Evaluation in ALEC Organizations  
ALEC 529 – Research Proposal Development  

I hope you find this information helpful; please contact me if I may serve you (865-974-7371). Thanks for all you do for the people of Tennessee. Sincerely, Joseph
TENNESSEE 4-H ALUMNI & FRIENDS

2017 ANNUAL
LUNCH MEETING
& SILENT AUCTION

FEBRUARY 25, 2017

Wilson Co. Expo Center.
10:30 a.m. - 2:00 p.m. CST
Tickets $20 Per Person
ALEC Graduate Program

Masters of Science in Agriculture Leadership, Education and Communications (ALEC)

Online degree available!!

For more information, please visit https://ALEC.utk.edu
Or Call 865-974-7371

Carrie Ann Stephens
Professor, 4-H/ALEC

4-H PLEDGE

I pledge my HEAD to clearer thinking;
My HEART to greater loyalty
My HANDS to larger service; and
My HEALTH to better living,
For my club, my community, my country and my world.

Upcoming Events

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<td>Alumni Recognition Nomination Forms Due</td>
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<td>February 24-26</td>
<td>State 4-H Council Meeting</td>
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<td>February 24-25</td>
<td>YF&amp;R Young Leaders Conference</td>
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