Why do we camp in Tennessee 4-H? Because it is a powerful positive force in youth development!

4-H members who attend camp:

- Become more confident and experience increased self esteem
- Develop more social skills
- Grow more independent and show more leadership
- Become more adventurous and willing to try new things
- Give teens an opportunity to increase their leadership skills
- Provide an opportunity for youth to belong
- Give youth opportunities to increase knowledge and skills by learning from caring adults and teens
- Provide fun activities where youth can apply their new knowledge and skills
- Generate confidence in youth by recognizing them for their participation

So this year, let’s get as many of our Tennessee youth to camp as possible. It will be a life changing event!
Knoxville Spring Cattle Show Results
Claudia Baney, Extension Specialist

The 2016 Knoxville Spring Junior Cattle Exposition was the 82nd consecutive year for this event. This year, 77 4-H and FFA members from 22 Tennessee counties exhibited 136 head of cattle at the Tennessee Valley Fairgrounds on April 21-22. These 4-H and FFA members competed in the exhibition of cattle, as well as competitions in showmanship, premier exhibitor and skillathon. The judge this year was Mike Meyer from Cynthiana, Kentucky. Results are as follows.

Senior Showmanship
First place: Samantha Roberts, McMinn County
Second place: Sadie Conley, Hamblen County

Junior High Showmanship
First place: Kendra Cornelius, McMinn County
Second place: Eli Mundy, Claiborne County

Junior Showmanship
First place: Kylie Cornelius, McMinn County
Second place: Walker Housley, Rhea County

Market Steer Show
Division I Champion: Chance Bow, Cumberland County
Division I Reserve Champion: Lexi Stout, Cumberland County
Division II Champion: Chelsey Harvey, Claiborne County
Division II Reserve Champion: Bryce Collins, Anderson County
Division III Champion: Samantha Roberts, McMinn County
Division III Reserve Champion: Austin Akens, Monroe County
Division IV Champion: Ashley Emery, Meigs County
Division IV Reserve Champion: Gage Latham, McMinn County

Grand Champion: Chelsey Harvey, Claiborne County
Reserve Champion: Samantha Roberts, McMinn County

County Group of Three Steers:
First place: McMinn County
Second place: Claiborne County
Third place: Cumberland County

Continued…..
Commercial Heifer Show
Champion: Jenna Holder, Blount County
Reserve Champion: Kylie Cornelius, McMinn County
Champion Farm Bred: Clay Owen, Lincoln County
Reserve Champion Farm Bred: Kendra Sellers, Knox County

Registered Heifer Show
Angus Champion: Samantha Roberts, McMinn County
Angus Reserve Champion: Cammie Lindsey, Sevier County
Angus Champion Bred-by-Exhibitor: Katie Whitted, Meigs County
Angus Reserve Champion Bred-by-Exhibitor: Kendra Sellers, Knox County

Gelbvieh Champion: Will Waters, Blount County
Gelbvieh Reserve Champion: Brett Asbury, Claiborne County

Hereford Champion: Sadie Conley, Hamblen County
Hereford Reserve Champion: Sorrell Martin, Lincoln County
Hereford Champion Bred-by-Exhibitor: Sadie Conley, Hamblen County
Hereford Reserve Champion Bred-by-Exhibitor: Sorrell Martin, Lincoln County

Shorthorn Champion: Samantha Roberts, McMinn County
Shorthorn Reserve Champion: Eli Mundy, Claiborne County
Shorthorn Champion Bred-by-Exhibitor: Jana Owen, Lincoln County
Shorthorn Reserve Champion Bred-by-Exhibitor: Emily Johnson, Loudon County

Simmental Champion: Samantha Roberts, McMinn County
Simmental Reserve Champion: Walker Housley, Rhea County

All Other Breeds Champion: Ashely Emery, Meigs County
All Other Breeds Reserve Champion: Jacob Young, Grainger County
All Other Breeds Champion Bred-by-Exhibitor: Kody Anderson, Bledsoe County

County Group of Heifers
First Place: McMinn County B
Second Place: Hamblen County
Third Place: McMinn County C

Outstanding County Exhibit: Claiborne County
Crosby Murray Award: McMinn County

Continued.....
Knoxville Spring Cattle Show Results (Continued)

Claudia Baney, Extension Specialist

9th - 12th Grade Skillathon
1. Jana Owen, Lincoln County, 97 points
2. Kendall Martin, Lincoln County, 97 points
3. Sorrell Martin, Lincoln County, 86 points
4. Heath Quick, Shelby County, 83 points
5. Emily Johnson, Loudon County, 81 points

7th and 8th Grade Skillathon
1. Blake Walker, Bledsoe County, 90 points
2. Kendra Sellers, Knox County, 89 points
3. Grayce Bow, Cumberland County, 89 points
4. Sarah Lott, Cumberland County, 88 points
5. Brett Asbury, Claiborne County, 88 points

4th - 6th Grade Skillathon
1. Walker Housley, Rhea County, 100 points
2. Caroline Garrell, Marshall County, 89 points
3. Kyra White, Macon County, 84 points
4. Ryan Dunivan, Lincoln County, 83 points
5. Gage Latham, McMinn County, 80 points

Premier Exhibitor
9th – 12th Grades
1. Kendall Martin, Lincoln County
2. Jana Owen, Lincoln County
3. Samantha Roberts, McMinn County
4. Emily Johnson, Loudon County
5. Sadie Conley, Hamblen County

7th – 8th Grades
1. Kendra Cornelius, McMinn County
2. Grayce Bow, Cumberland County
3. Brett Asbury, Claiborne County
4. Blake Walker, Bledsoe County
5. Sarah Lott, Claiborne County

Continued…..
4th – 6th Grades
1. Walker Housley, Rhea County
2. Caroline Garrell, Marshall County
3. Kyra White, Macon County
4. Gage Latham, McMinn County
5. Breyer Bow, Cumberland County

Winners of the Premier Exhibitor contest were awarded $500 sponsored by Farm Credit Mid-America and the Knoxville Livestock Auction Center

Thank you to all our exhibitors, parents, Extension staff, agriculture teachers and volunteers who made the show such a success! A special thank you to all the show sponsors: Full results can be found online at:

Knoxville Chamber Agribusiness Committee
Tennessee Valley Fairgrounds
The City of Knoxville
Farm Credit Mid America
Knoxville Livestock Auction Center
Food City
Tennessee Farmers Co-op
Jack Murray Family
Crossings Animal Hospital
East Tennessee Angus Association

East Tennessee Polled Hereford Assoc.
M and W Farm
Kinsley Gardens
Bayer Animal Health
Aberlea Farm
Knox Farmers Co-op
Valley Farmers Co-op
Knoxville Seed and Greenhouse Supply
Bo Brown Company
East Tennessee Livestock Center

https://ag.tennessee.edu/AnimalScience/4-H/Archives/2017KSJCEResults.pdf

May 1 Deadline for 4-H Project Portfolio Submission Rapidly Approaching

Lori Gallimore, Ed.D., Extension Specialist

Don’t forget – Monday, May 1 is the deadline to submit 4-H project portfolios to the state office. All submissions are electronic this year. Simply email your portfolios to Lori Gallimore at lbelew@utk.edu or send via UT Vault. You have until 11:59 p.m. on Monday evening to complete the task. I will email you within 24 hours notifying you that I have received the portfolio(s). If you do not hear from me within this time, please double check with me. I am out of the office and traveling on business through May 3, but can be reached via email. If you have any questions about the 4-H portfolio, please let me know!
CURRENT GRANT PROJECTS
Shelby Brawner, Extension Assistant/Grant Manager

CHESTER COUNTY & THE FOOD SMART FAMILIES PROGRAM
Rebecca Seratt, Extension Agent

Students and families in Chester County have become very “food smart” over the past couple of years thanks to a program sponsored by UnitedHealthcare called Food Smart Families. With the help of teachers and a teen leader, 4-H agents in our county have been able to reach 4th-8th graders with a variety of healthy eating and fitness opportunities. Small changes have been at the forefront of what we are teaching our students. We want them to know that taking simple and small steps in changing their eating habits and increasing their activity levels will go a long way in improving or maintaining their overall health.

During in-school club meetings, over 1,000 4-H members had the opportunity to make healthy snacks including trail mix and fruit and yogurt parfaits. They also got to taste-test water flavored with berries, oranges, and cucumber. The majority of students seemed to be very skeptical about how the cucumber water would taste, but it turned out to be the crowd favorite for most classes.

Teen leader, Madeline Rudder, conducted a “Rethink Your Drink” lesson for her home school 4-H group and demonstrated how much sugar is in certain sweetened beverages and why water is always a good choice. Chester County 4-H was able to share the importance of drinking water with students of all ages and their family members by providing free re-fillable water bottles to those who attended the Chester County Back to School Bash—almost 400 bottles were given away!
Students in 6th-8th grades were able to participate in a “Calories In and Calories Out” lesson series where they investigated how many calories from fat, carbohydrates, and sugar are in certain fast food meals. They also learned how to calculate their own heart rate and how long it would take to burn off calories from high calorie foods. They ended the year with learning how to compare food costs through unit pricing.

To celebrate the completion of the Food Smart Families program, the physical education classes for 6th-8th grades received 12 Simply Fit boards. The P.E. instructor at our local junior high school says that the kids love the boards and that they use them every day they can. We are glad they are having fun while increasing their physical activity!

CLAIBORNE COUNTY LEADS STATE IN HONOR CLUB INITIATES

Justin Crowe, Extension Specialist

 Claiborne is currently the top county in the state in terms of number of Honor Club initiates for 2017. As of March 31, they had 20 new Honor Club members approved for membership. Knox County is second with 19 initiates; Bradley is third with 16; Polk is fourth with 16; and Monroe is fifth with 11. The Eastern Region leads the state with 107 initiates.

We are convinced there is a positive correlation between the number of Honor Club members a county can qualify and the quality of the 4-H program in the county. Honor Club membership is based on participation. Unless many participation opportunities are made available, not many 4-H’ers will be able to qualify for Honor Club recognition. Go to 4h.tennessee.edu/Pages/honorclub.aspx for a complete listing of Honor Club initiates by region and county for January, February and March of this year.
2017 4-H PHOTO SEARCH CONTEST
Carmen G. Burgos, Extension Specialist

Junior high and senior 4-H members will have the opportunity to portray their 4-H involvement through their cameras in the 2017 4-H Photo Search activity. A 4-H’er may enter by submitting both a print and a CD containing the photo in a digital format along with a completed entry form for each photo submitted. Please make sure that the 4-H member’s name and county are written on the CD. All photos will become property of the state 4-H office and will not be returned to the 4-H member unless otherwise requested.

The information you will need to submit photos has been updated and is posted online:

- Tennessee 4-H Photo Search Procedure and General Rules: https://4h.tennessee.edu/Pages/phtosrch.aspx
- Tennessee 4-H Photo Search Entry Form https://4h.tennessee.edu/Pages/forms_materials.aspx
- Judging Score Sheet https://4h.tennessee.edu/Pages/forms_materials.aspx

Each county is eligible to submit up to ten entries for state judging. All entries should relate in some way to 4-H. Entries should be mailed to the state 4-H office by June 9, 2017.

If you have questions, please send an e-mail to cburgos@utk.edu
STATE SHEEP CONFERENCE SET FOR MAY 26-27

Dwight Loveday, Associate Professor

4-H Sheep Conference is designed for those who want to learn more about the sheep project. The event provides hands-on learning experiences, leadership opportunities for teens as well as opportunities to meet and make new friends from across the state. Sheep Conference is held at the Hyder-Burks Sales Arena on the campus of Tennessee Tech University in Cookeville.

Friday evening activities are designed for 8-12th grade 4-H and FFA members. The educational program will focus on sheep reproduction. Participants will learn about reproductive organs for rams and ewes, reproductive cycles and new technologies in reproductive management.

Saturday’s program will concentrate on your sheep project. There will be workshops on grooming, halter making, proper feeding and health management.

Sheep project members are encouraged to bring poster exhibits; awards will be given for the top posters. Additionally, we will have our quiz bowl contest for older youth. The annual meeting of the Tennessee Junior Sheep Producers Association will be held on Saturday afternoon following the completion of the conference.

Friday registration begins at 6:00 p.m. at the Hyder Burks Sales Arena.

Saturday registration begins at 8:30 a.m. and the cost is $10.00.
IT’S TIME TO RECRUIT A VOLUNTEER TO ATTEND ROUNDUP

Carmen G. Burgos, Extension Specialist

2017 Tennessee 4-H Roundup is just around the corner. We will be celebrating project achievement and All Star conference at UT Martin this year. If you have not recruited a volunteer yet, start today! Experience indicates the better prepared you are to attend an event, the more you enjoy every aspect of it. The information on the Roundup page of the state Web site is a great resource to use to prepare your county delegation and volunteers. A Roundup volunteer position description is also available be used as a recruiting tool. Please read the position description before you start to recruit. If you have any questions regarding requirements, please contact me.

You might have only one volunteer attending Roundup, but there are several ways other county volunteers can work with you and the designated volunteer attending Roundup to prepare delegates for the event. Some ways volunteers can be involved with preparing youth are:

- Practicing interview skills
- Prepare for election of State Council officers
- Review schedule and dress code
- Review table etiquette
- Making sure all delegates understand the service project and contribute to the efforts

Involving the volunteer attending Roundup with your delegation in preparing youth ahead of time also offers an opportunity for the volunteer and the delegates to know each other and build a relationship. Also, parents will have an opportunity to meet the adult that will be with their son or daughter during this event.

Make sure your volunteer and all delegates are aware of the Roundup web page. The information can help them prepare for Roundup and make the experience a lot more enjoyable.
STATE 4-H VOLUNTEER AWARDS: 
A Great Opportunity to Recognize your Volunteers!

Carmen G. Burgos, Extension Specialist

Volunteers are making a difference in their community and motivating others to be involved in 4-H as well. The Tennessee 4-H Awards and Recognition program offers two opportunities for counties to recognize 4-H volunteers. You probably have several deserving nominees in your county. Please take some time to review the requirements for each award and take advantage of a great opportunity to publicly recognize a family or outstanding volunteer in your county!

State Adult Leader Recognition

This program gives recognition to an outstanding volunteer leader who has served five or more years. Each county may submit one nominee to the region. Each region will select two nominees for state competition. The state winner receives an engraved plaque. Dr. and Mrs. Kenneth Kant of Blount County sponsor this recognition. The state winner will receive a trip to National 4-H Congress in Atlanta. The application form may be found at https://4h.tennessee.edu/Pages/forms_materials.aspx

W.M. and Ruth Hale Master 4-H Family Recognition

The Hale Master 4-H Families receive engraved plaques at the regional level and a framed Tennessee Master 4-H Family medallion at the state level. The state awards are presented at State 4-H Roundup. The Hale Master Family nomination form is available online. Click on “Forms & Materials” and look under “Volunteers.” Here is the link: https://4h.tennessee.edu/Pages/forms_materials.aspx

Nomination forms are due to the state 4-H office every year on June 1. The nominations should be sent to the state office by the region program leaders. Check with your regional office for the regional deadline. If you have a volunteer that has been nominated in the past but did not receive the award, consider re-submitting an updated application. Make sure they still meet all requirements.
ALEC Graduate Program

Masters of Science in Agriculture Leadership, Education and Communications (ALEC)

Online degree available!!

For more information, please visit https://ALEC.utk.edu
Or Call 865-974-7371

Carrie Ann Stephens
Professor, 4-H/ALEC

4-H PLEDGE

I pledge my HEAD to clearer thinking;
My HEART to greater loyalty
My HANDS to larger service; and
My HEALTH to better living,
For my club, my community, my country and my world.

Upcoming

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<th>Date</th>
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<td>TN 4-H Scholarships Due</td>
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<td>May 6</td>
<td>4-H Shotgun Jamboree</td>
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<td>May 8-26</td>
<td>State Portfolio Judging (online)</td>
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<td>May 19-21</td>
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