I had the opportunity to visit the Williamson County Fair last week. I want to commend the entire Extension staff on a wonderful team effort to show how Science, Engineering, Math and Science (STEM) is incorporated in agriculture, family and consumer science, and 4-H. Hands-on interaction with fair goers included such things as seeing the germs on their hands, 3-D printing, rocket launching 3-D printed rockets, nutritional snack preparation, exploring the physics of designing protective structures to keep a raw egg from breaking when it is dropped from 10 feet, robotics, bridge building using engineering principles, shoot sports, environmental education, chick embryology, and a farm to table simulation for young children to learn how food moves from the farmer to the market.

An additional highlight of the evening was a demonstration of unique creatures by the Crazy Critter Guy, Brian Stewart, from Ridley 4-H Center. Youth got to handle cockroaches, lizards, spiders, and snakes. This presentation was not only educational but was used effectively to recruit youth for 4-H camp.

Congratulations to Matt Horsman and the entire Williamson County Extension Team. Well done!
2017-18 STATE 4-H COUNCIL MEMBERS SELECTED AT ROUNDUP

Justin Crowe, Extension Specialist

Elections are always an exciting part of State 4-H Roundup. The 2017-18 State 4-H Council members were elected in Martin recently. New council members will represent their peers in an advisory role as members of the State 4-H Council for the coming year. Thanks to all agents who have encouraged these 4-H'ers and helped them develop the leadership skills to serve in this role. New council members include:

State Council President – Grant Hitchcock, Warren County
State Council Vice President – Aaron Lay, Monroe County
Western Region Senior Representative – Autumn Trainum, Henderson County
Western Region Senior Representative – C.J. Bryson, Gibson County
Central Region Senior Representative – Jacob Wade, Bedford County
Central Region Senior Representative – Hence Duncan, Franklin County
Eastern Region Senior Representative – Danny Lawson, Blount County
Western Region Junior Representative – Carson Stover, Obion County
Western Region Junior Representative – Billee Lassiter, Henry County
Central Region Junior Representative – Emily Pennington, Warren County
Central Region Junior Representative – Caroline Brooks, Warren County
Eastern Region Junior Representative – Will Dalton, Grainger County
Eastern Region Junior Representative – Olivia Chapman-Miller, Morgan County
Representative – at – Large – Santana Bingham, Madison County
Representative – at – Large – Nelani Colleti, Williamson County
4-H ALL STAR HIGH COUNCIL OFFICERS ELECTED

Justin Crowe, Extension Specialist

The 2017-2018 State 4-H All Star High Council officers were elected and tapped in during Tennessee 4-H Roundup and All Star Conference. As part of the 4-H All Star campfire, held at Dollywood, the three high council officers were announced with the delegation.

These new officers are:
Chief – Emily Nave, Rutherford County
Deputy Chief – Shelby Mainord, Putnam County
Scribe – Shaylyn Melhorn, Morgan County

These officers, which are part of State 4-H Council, will help plan statewide All Star activities and will preside over the 4-H All Star High Council and state All Star conference.

OUR HANDS TO LARGER SERVICE

Justin Crowe, Extension Specialist

Delegates to 4-H Roundup and All Star Conference definitely put others first as they collected items to benefit the Target House in Memphis. This facility serves families who have children who are patients at St. Jude Children’s Hospital. Thanks to the selflessness of our 4-H members, the delegates collected 1,850 items for the Target House. These included paper towels, toiletries, snacks, etc. Thanks to everyone who contributed to this meaningful service experience.
ALL STARS RECOGNIZED AT STATE CONFERENCE

Justin Crowe, Extension Specialist

Congratulations to the following county All Star groups and 4-H members who took top recognition during State 4-H Roundup and All Star Conference.

The Don Bowman Project Award recognizes county All Star groups for their most outstanding service project. The regional winners of the Don Bowman Project Award include:

Western Region - Crockett County
Central Region - Macon County
Eastern Region - Rhea County

State Winner - Crockett County

The Peggy Davis Service Award recognizes county All Star groups who have completed the most service projects. The regional winners of the Peggy Davis Service Award include:

Western Region - Madison County
Central Region - Moore County
Eastern Region – Knox County

State Winner – Moore County

All Star project exhibit competition winners include:

1st place – Riley Walker, Benton County
2nd place – Jeana Romines, Sumner County
3rd place – Karley Warner, White County
4th place – Hannah Steger, Putnam County
5th place – Analynn Jones, Robertson County

Congratulations to all of those who entered these competitions. Your service to the community is helping to truly make the best better.
State 4-H Dairy Show: Correct date!

Carmen G. Burgos, Extension Specialist

Jeff Mitchell, Extension Assistant, Animal Science

The 2017 State 4-H Dairy Show will take place **October 20-21, 2017** at the Tennessee Livestock Center – MTSU, in Murfreesboro, TN. Please note the correct date!

Schedule of Events:

**Friday, October 20**
- 3:00 – 6:00 pm  Dairy Skill-a-Thon stations will be open
- 5:00 pm  Dairy Cattle Capers
- 5:30 pm  Parade of Future Champions
- 6:00 pm  State Showmanship (Open to all)
- 7:30 pm  Tennessee 4-H Dairy Recognition Banquet
- 8:00 pm  Tennessee 4-H Dairy Foundation and Tennessee Dairy Expo Product Auction

**Saturday, October 21**
- 9:00–11:00 am  Dairy Skill-a-Thon stations will be open
- 9:00 am  Tennessee State 4-H Dairy Show

If you entered animals, please let Jeff Mitchell know if you will **not** be attending the show, at jmitchel@utk.edu or call 865-974-7289.
TENNESSEE 4-H MEMBERS EXCEL AT SOUTHERN REGIONAL HORSE CHAMPIONSHIPS

Claudia Baney, Extension Specialist

Thirty-six Tennessee 4-H horse project members recently returned from a successful trip to the 2017 Southern Regional 4-H Horse Championships in Perry, Georgia, August 2-6. The Southern Regional 4-H Horse Championships is a culmination of the top 4-H horses, riders and educational contest participants from 13 Southern states. Tennessee had 23 horse/rider combinations competing this year. We also had delegates competing in the various educational contests.

The week started off with the educational contests. All of the Tennessee delegates who competed did excellent jobs in public speaking, individual presentation, hippology, horse bowl and horse judging.

Allison Murray from Sullivan County was sixth overall in the individual presentation contest. Abby Wheeler from Gibson County also competed in the public speaking contest.
The Sumner and Rutherford county teams did an excellent job in the horse judging contest. Sumner county’s team of Megan Thornton, Amber Thornton, Georgia Smith and Erin Carver placed third overall in the contest. The team was also second overall in reasons, third overall in performance, and fourth overall in halter. Amber Thornton was third overall individual and placed second in performance and third in reasons. Rutherford County’s team of Charity Chandler, Olivia Hayes and Rebecca Grace Stone placed fourth overall and was first overall team in halter. Charity Chandler was high individual in halter followed in third by Rebecca Grace Stone.

The Blount County horse bowl team took third place in a very tough competition. Team members were Rachel Ottinger, Siena Spanyer, Madeline Parr and Jeri McCardel. The Madison County team of Taylor Perry, Katherine Thierfelder, Abby McCalmon and Zach McCarver placed sixth overall. Taylor Perry was second high individual in the contest.

Hippology teams from Rutherford and Madison counties did a great job in the contest. The Rutherford County team of Charity Chandler, Anna Moore, Cara Moore, and Rebecca Grace Stone placed third overall, first in team exam/slides and second in team stations. Cara Moore was third high individual followed by Charity Chandler who was fifth overall individual. The Madison County team comprised of Zach McCarver, Abby McCalmon, Taylor Perry and Katherine Thierfelder placed fourth overall. The team was fifth overall in team stations and second overall in team problem. Taylor Perry was fourth overall individual.
The horse show classes were very competitive with some of the top 4-H horse and rider combinations in the southern region. Many of our riders brought home top 10 ribbons including Zach McCarver (Madison County), Kasey Hines (Franklin County), Taylor Dunagan (Henry County), Callie Thornton (Henry County), Madison Aiosa (Henry County), Jalen Smith (Warren County), Lei-Ane Smith (Clay County), Cami Chamberlin (Franklin County), Haley Porter (Marshall County). Others competing included: Madison Ashe (Henderson County), Madison Franks (Lawrence County, Abby McCalmon (Madison County), Maggie Sims (McMinn County), Rylie Millsaps (Bradley County), Kyra Petty (Bradley County), Alyssa Simons (Carroll County), Jensen Smith (Warren County) and Kailey VandeKamp (Wilson County).

Congratulations to all of our Tennessee delegates! Everyone represented the 4-H horse project with class and excellent sportsmanship throughout the long week of competition. A special thank you to the Aiosa and Thornton families for soliciting sponsorship of goodie buckets for all of our exhibitors and educational contestants. We are looking forward to another successful competition next year in Perry.

For more information on the 4-H Horse Program and complete results for all the events at the 2017 Southern Regional Horse Championships please visit https://ag.tennessee.edu/AnimalScience/4-H/Pages/Horse.aspx
B.E.S.T. Now Located in K@TE

Lori Gallimore, Extension Specialist

B.E.S.T. (Building Exceptionally Skilled Teachers) has now been successfully moved to its new home in K@TE (Knowledge and Training Excellence). K@TE is the new learning management system replacing ExtOL (Extension Online Learning). You then may access the training modules as well as register for the September Leg 2 using the following link AFTER THE SOLAR ECLIPSE!! (the link won’t be ready until then)

https://tennessee.csod.com/samldefault.aspx

To find the B.E.S.T legs search for Building Exceptionally Skilled Teachers in the search box in the upper right corner.

As a reminder, Leg Two of B.E.S.T. is still a face-to-face training. The 2018 dates will come out later this fall. At this time (and as noted in last week’s IDEAS newsletter), a training will be offered in Jackson on September 20 and 21, 2017.

If you have any questions, please let me know!
CURRENT GRANT INFO
Shelby Brawner, Extension Assistant/Grant Manager

2017-2018 HEALTH ROCKS!
GRANT RECIPIENTS

Congratulations to the following counties for being selected to receive the Health Rocks! grant for the 2017-2018 program year. Health Rocks! is a curricula for a healthy living program targeted at young people ages 8 to 14. Teen and adult facilitators share hands-on activities that educate youth on the consequences of tobacco, alcohol, and drug use. The goal of this program is to help youth build life skills that lead to healthy lifestyle choices and help youth understand the influences and health consequences of tobacco, drug, and alcohol use to make healthy choices. Once again, congratulations to these recipients.

- Bradley – Lynne Middleton
- Cannon – Kristen Jones
- Clyde Austin 4-H Center – Greg Fay
- Clyde M. York 4-H Center – Lacy Harnage
- Cocke – April Parker
- Crockett – Tonya Bain
- DeKalb – April Martin
- Dickson – Glenda Booker
- Gibson – Carrie Joyner
- Hardin – Kali Barker & Sondra Thorne
- Henry – Staci Foy
- Lauderdale – Mary Stiles
- Madison – Kane Reeves
- McNairy – Julie Harstine
- Moore – Brenda Hannah
- Perry – Stacy Clark
- Pickett – Amanda Woody
- Robertson – Kathy Finley
- Sequatchie – Aneta Eichler
- Tipton – Brigitte Passman
- W.P. Ridley 4-H Center – Terri Quillin
Congratulations to the following counties for being selected to receive the Wal-Mart Nutrition Education grant for the 2017-2018 program year. This program focuses on developing and enhancing healthy living programs. The goal is to mobile youth to implement action plans for nutrition, physical fitness, and safety. In addition, this program utilizes teens as teachers so they can plan and manage programs and build life skills. The hopes are that youth improve their dietary choices, increase physical activity, build an appreciation for healthy foods, and encourage families to eat at least one meal together per day. Once again, congratulations to these recipients.

- Bledsoe – Matt McCuiston
- Bradley – Lynne Middleton
- Carter – Emily Barton
- Clyde Austin 4-H Center – Greg Fay
- Clyde York 4-H Center – Lacy Harnage
- Hamilton – Nancy Rucker
- Lauderdale – Mary Stiles
- Madison – Kane Reeves
- McNairy – Julie Harstin
- Obion – Melissa Schenck
- Perry – Stacy Clark
- Polk – Kelley Frady & Donna Calhoun
- Robertson – Kathy Finley
- Tipton – Brigitte Passman
- WP Ridley 4-H Center – Terri Quillin
2017-2019 UNITEDHEALTHCARE FOOD SMART FAMILIES GRANT RECEPIENTS

Congratulations to the following counties for being selected to receive the UnitedHealthcare Food Smart Families grant for the 2017-2019 program year. This program teaches youth and their families how to plan to shop and prepare healthy meals on a budget. Youth and their families also learn cooking skills and basic nutrition facts. Programming culminates in a family celebration where participants receive a bag of groceries to take home and practice their new skills. Once again, congratulations to these recipients.

- Bedford – Emily Osterhaus
- Lewis – Shelly Ray
- Madison – Kane Reeves
- Monroe – Holly Williams
- Perry – Stacy Clark
- Pickett – Amanda Woody
- Robertson – Kathy Finley
- Shelby – Jim Todd
**ALEC Graduate Program**

Masters of Science in Agriculture Leadership, Education and Communications (ALEC)

Online degree available!!

For more information, please visit [https://ALEC.utk.edu](https://ALEC.utk.edu)
Or Call 865-974-7371

Carrie Ann Stephens
Professor, 4-H/ALEC

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**4-H PLEDGE**

I pledge my **HEAD** to clearer thinking;

My **HEART** to greater loyalty

My **HANDS** to larger service; and

My **HEALTH** to better living,

For my club, my community, my country and my world.

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**Upcoming Events**

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>August 22</td>
<td>Enrollment Module Rollover</td>
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<td>August 24</td>
<td>State Dairy Judging Contest</td>
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<tr>
<td>September 8-17</td>
<td>Tennessee State Fair</td>
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<tr>
<td>September 21-24</td>
<td>SRTL—Southern Region Teen Leadership Conf.</td>
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<tr>
<td>9/28-10/1</td>
<td>4-H Volunteer Conference of the Southern States</td>
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<tr>
<td>10/1-10/7</td>
<td>National 4-H Week</td>
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Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.