Happy Thanksgiving!

Dr. Richard Clark

We have much to be thankful for in Tennessee 4-H. We have highly qualified and dedicated 4-H professionals in all of counties. These professionals care deeply about our youth and strive daily to improve the quality of life for each of our 4-H members. Tennessee 4-H also is thankful for our thousands of volunteers who share their talents, passions, and mentoring with our members. A big thank you is due to all of our individual and corporate donors and sponsors. Without your support many of our events and activities would not happen. And lastly, Tennessee 4-H has been blessed with outstanding young people who have chosen to become involved in 4-H. Thank you and your families for believing in the power of 4-H to change lives for the better.

May all of the TN 4-H family have a wonderful Thanksgiving with friends and family.
B.E.S.T. Training Dates for Leg 2 are Set for 2018

Registration Links Will Be Open on December 1

Lori Gallimore, Extension Specialist

Dates of have been set for the 2018 B.E.S.T. trainings for Leg 2 – the presentation leg. Registration can be accessed through K@TE – kate.tennessee.edu on December 1. Be sure to type in “Building Exceptionally Skilled Teachers”, instead of B.E.S.T., when searching for the registration.

NOTE: A maximum of 12 participants will be taken in each regional location. You must have completed ALL SEVEN MODULES in Leg One in order to register and participate in Leg Two. There are no exceptions to this rule!

- **Western Region – Henderson County Extension Office**
  - February 6 (1:30 until 4:30 p.m. central time);  
  - February 7 (9:00 a.m. until 4:00 p.m. central time); and  
  - Day Three will be via Zoom with date set by participants

- **Central Region -- Rutherford County Extension Office (Room B)**
  - January 23 (1:30 until 4:30 p.m. central time);  
  - January 24 (9:00 a.m. until 4:00 p.m. central time); and  
  - Day Three will be via Zoom with date set by participants

- **Eastern Region -- Eastern Region Extension Office**
  - January 25 (1:30 until 4:30 p.m. eastern time);  
  - January 26 (9:00 a.m. until 4:00 p.m. eastern time); and  
  - Day Three will be via Zoom with date set by participants
Day One (half day):
Students deliver a prepared presentation for evaluation with the following learning outcomes.
(1) Evaluation by instructor, peers and self
(2) Identify personal deficiencies in public speaking and teaching skills

Day Two (full day):
Participants are exposed to various techniques that will improve public speaking and teaching skills with the following learning outcomes:
(1) Gain knowledge necessary to improve public speaking skills
(2) Learn how to organize a presentation
(3) Address various methods of presenting (including online and face-to-face)
(4) Understand the importance of audience involvement

Day Three (half day):
Participants will redesign and then redeliver their previous presentation via Zoom given on “day one” based on their evaluations and knowledge gained from “day two” of the training. The objective is to document student improvement with the following learning outcomes:
(1) Develop confidence and effectiveness in public speaking and teaching
(2) Improve the quality of life/well-being of families of participants that attend UT/TSU Extension presentations

Please remember that ALL three Legs of B.E.S.T. are now housed in K@TE. If you have any questions, please contact Lori Gallimore at lbelew@utk.edu or 865-974-7239.
ALEC Graduate Program

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Or Call 865-974-7371

Carrie Ann Stephens
Professor, 4-H/ALEC

4-H PLEDGE

I pledge my HEAD to clearer thinking;
My HEART to greater loyalty
My HANDS to larger service; and
My HEALTH to better living,
For my club, my community, my country and my world.

Upcoming Events

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