Celebrate, Honor and Recognize

*Dr. Dwight Loveday*

It is mid-summer and it is “4-H Busy” time. County, regional and state 4-H activities have kept us busy. Camps, shooting sports, project achievement days, livestock and horse shows, citizenship trips, healthy living conferences, skillathons and many other project activities for 4-Hers to learn and to compete.

This week the Tennessee 4-H program moves to UT Martin for 4-H Roundup and All-Star Conference. This week is a time for Tennessee 4-H celebration. We celebrate the many accomplishments of our 4-Hers as they have completed their projects. We celebrate the many hours of service that Tennessee 4-Hers have contributed to their communities. And, we celebrate the opportunities Tennessee 4-Hers have to demonstrate their citizenship and leadership skills.

Tennessee 4-H Roundup is also a time to honor. We honor the excellence exhibited in 4-H project work with scholarships and educational trips. But, we also recognize those that help 4-Hers to succeed – volunteer leaders, agents and specialists. Additionally, we recognize the many donors that contribute valuable dollars so that Tennessee 4-Hers can have the best 4-H experience in the United States.

Please join us in Martin and help us celebrate the many accomplishments of Tennessee 4-Hers!
Skillathons and Youth Leadership Life Skills Development?

Christopher T. Stripling, Associate Professor

Last week as I watched youth exhibit their livestock in Murfreesboro, I was reminded of two research projects conducted by former ALEC graduate students. Did you know that youth perceived they had moderate gain in their youth leadership life skills develop as a result of participating in Tennessee beef and sheep skillathons? Tennessee youth believed they improved their ability to set goals; be honest with, respect, and get along with others; and handle mistakes. This suggests that skillathons should continue to be an integral part of the overall livestock program in Tennessee. Additionally, Tennessee youth indicated 4-H agents and guardians were motivating factors for participating. As a result, you should be encouraged and I hope you will continue to nudge your 4-H members to participate and inform their guardians of skillathon benefits.

Based on the following research:


Registration Now Open in SUPER for Portfolio Training
Lori Gallimore, Extension Specialist

Two-day, regional in-services will be offered over the next few months in the area of portfolios. This training is for 4-H agents ONLY.

Central Region: http://super.tennessee.edu/Event/Home.aspx?ID=13559
Western Region: http://super.tennessee.edu/Event/Home.aspx?ID=13562
Eastern Region: http://super.tennessee.edu/Event/Participants.aspx?ID=12750

This is a two-day training on the 4-H Portfolio. In 2019, the changes to the 4-H portfolio take it's final step! We will go from a scanned in/online document to a website. Each 4-H'er will be responsible for creating his/her own 4-H portfolio website. Day one of training, participants will learn and review in detail the specific sections of the 4-H portfolio -- Section A, Section B, Section C, Resumes, Photos, Project Plans, Showcase, etc... and the few, minor changes to some of the forms. Activities will be conducted to help participants learn what goes into each section of the portfolio, how to write for impact and how to help their 4-H’ers capitalize on their 4-H and non-4-H experiences. With the second day of training, each participant will design and create a 4-H portfolio website using a step-by-step guide. Participants will also learn how to work with interactive PDFs, judge portfolios using the interactive rubric and explore a sample training time line that they can implement in their own counties to use to help ensure that their 4-H’ers meeting the portfolio entry deadline.

Please watch for more information coming from your respective regional offices, if it has not already, regarding attendance requirements. If you have any questions, please contact your Regional Area 4-H Specialist or myself at lelew@utk.edu or 865-974-2128.
Upcoming In-Service
Jennifer Richards, Assistant Professor

4-H Agents, I invite you to join me for Youth Day at the FCS Professional Development Conference on August 8 (8:30 CT) at the Hilton Nashville Airport as we explore community connections for workforce prep.

New 4-H Lesson Plans
The following lesson plans are now available online for your in-school clubs:

**Let’s Be Supportive: Choosing a Side and Supporting It**
Written by Wendy York and James Swart
*Intermediate Level*

Having an opinion is one thing, but being able to support that opinion with reason over emotion is another. In this lesson, students are allowed to explore this process in a controlled environment where they are free to make mistakes and learn from their mistakes.

**Name That Character Trait: Analyzing Literary Characters to Determine Traits**
Written by Wendy York and James Swart
*Intermediate Level*

When authors create characters, they take great care in naming them. There is much more to the name of a character than just what we call them; the name in many ways describes them. This lesson explores the traits that help make characters in literature come alive.

**The Food We Eat: Understanding Food Chains and Food Webs**
Written by Tonya Bain
*Beginner Level*

This lesson introduces students to the concept of food webs and food chains. Students explore producers, first-, second-, and third-level consumers and the roles those organisms play in an environment. Students also learn how all these organisms fit together to form a food web made up of smaller food chains.

**Math Is Sweet: Chocolate Fractions**
Written by Aaron Spurling
*Beginner Level*

This lesson includes a hands-on demonstration of fractions with chocolate blocks. Students will group, add and subtract fractions with the manipulatives.

**Nobody Trashes Tennessee: Litter Solutions**
Written by Alexis Hall
*Beginner Level*
Upcoming In-Service, Continued
Jennifer Richards, Assistant Professor

Students will brainstorm situations where people might litter and then learn about solutions to prevent litter. They will then use the send-a-problem technique to apply creative design strategies to real-world litter prevention scenarios.

Coupon Clipping: Saving Money with Math by Using Decimals
Written by Aaron Spurling and Alexis Hall
Beginner Level

This lesson gives real-life applications for adding and subtracting decimals and using mental math. In this lesson, students will group, add and subtract monetary decimals.

Feel free to contact me with any questions at jennifer.richards@utk.edu!

The Volunteer Connection: From Sea to Shining Sea - Registration is Open!
Carmen G. Burgos, Extension Specialist

Registration for the Volunteer Conference of Southern States is now open! This is a multi-state conference for volunteers and 4-H agents. The conference will take place September 27 - 30, 2018. The early bird registration is open through September 14. Full-time registration will be $325 and includes all meals from dinner on Thursday through breakfast on Sunday, on-site lodging as well as all conference events. Registration will increase by 15% on September 15. If you are interested in attending part of the conference they have prices broken down by day(s) also.

Registration is online at https://4hvcoss.regfox.com/4-h-volunteer-connection-from-sea-to-shining-sea. Read this page carefully.

This year’s theme is The Volunteer Connection: From Sea to Shining Sea. For more information you can also go to the conference website: https://www.smore.com/q0sg8-national-4-h-volunteer-conference?ref=email.

If you have any questions, contact me at cburgos@utk.edu and I will be glad to assist you in any way I can.
Getting to Know Our
Healthy Living Ambassadors

Kaitlyn Daniels

Grade during 2018-2019
12th

Years in 4-H
8

4-H Project
Companion Animal, Entomology & Beekeeping

Hobbies
Golfing, crafting, archery, acting, photography, reading, designing plans, drawing/painting, baking

Favorite Food
Lasagna

When I grow up
“I will be an engineer. I’m not sure what type yet, but one that helps the environment and involves mechanics is what I enjoy.”

As a HLA, I’m looking forward to
“I am looking forward to planning events and seeing the outcome of teaching about healthy lifestyles.”

Importance of living a healthy lifestyle
“The healthier the lifestyle that you live, the better off you will be in the long run.”
Tennessee 4-H Roundup 2018 Service Project

Justin Crowe, Extension Specialist

Delegates to the 2019 Tennessee 4-H Roundup and All Star Conference are being challenged to collect items to benefit children and adults who are currently homeless. These kits will be provided to local agencies which serve homeless individuals in west TN. According to the United States Interagency Council on Homelessness, there are 8,309 homeless individuals in Tennessee (as of the most recent data). Tennessee 4-H will help those in need by collecting the below listed items.

Western Region: Socks, deodorant, fruit snacks
Central Region: Lip balm, lotion (travel size), adhesive bandages (small)
Eastern Region: Toothbrushes, toothpaste, sunscreen (travel size)

Tennessee 4-H Roundup 2018—remind app

Justin Crowe, Extension Specialist

Tennessee 4-H Roundup and All Star Conference delegates, volunteers, and extension staff - be sure to join the 4-H Roundup Remind so you can stay up to date with Roundup happenings and activities! Select how you want to be notified below:

1. On your iPhone or Android phone:
   - Open your web browser
   - Go to the following link: rmd.at/tn4h18
   - Follow instructions to sign up for
   - You will be prompted to download the app.

2. If you don’t have a smartphone, get text notifications:
   - Text the message @tn4h18 to the number 81010
   - If you have trouble with 81010, try 865-408-7802
   - *standard message rates apply

3. Don’t have a mobile phone? Sign up for Email notifications:
   - Go to rmd.at/tn4h18 on a tablet or desktop computer to sign up for email notifications.
Beef Educational Contests 2018

Justin Crowe, Extension Specialist

Check out these awesome contests available exclusively to Tennessee 4-H members. Special thanks to the Tennessee Beef Industry Council for providing our 4-H members with the opportunity to participate in a variety of beef related activities! Please see the below links for more information about these contests and activities, including details and deadlines.

Moovie Contest 2018

Go to the following site:

- Contest Information to include:
  - Moovie Contest Guidelines
  - 4 example Moovie videos

All Star Beef Backer Contest 2018

Beef Contest Information

- Guidelines for the County 4-H Program
- Letter to 4-H Agents
- Event Projection Form
- Evaluation Form
4-H Delivers
A free service of the Tennessee 4-H Foundation

What is the 4-H Delivers Program?
The 4-H Delivers Program is an opportunity to grow county funds through an end-of-year campaign letter. The goal is to help you obtain new donors and increase awareness of 4-H!

How does it work?
The Tennessee 4-H Foundation will complete an end-of-year mailing campaign on behalf of any county that wishes to participate. In order to make it easy and economical for any county to participate the 4-H Foundation will:

- Provide counties a template letter to use
- Create a custom response form for your county
- Create an insert highlighting the county 4-H program
- Stuff the envelopes
- Pay for printing and postage
- Process all gifts

How does my county participate?
Counties wishing to participate must complete the 4-H Delivers County Participation Form by September 1. The 4-H Foundation will need each county to:

- Create a list of 25-250 potential donors with addresses by October 15
- Edit the template letter (if you wish)
- Select 5 photos and 5 impact statements that you would like to highlight on the insert
- Approve the custom reply form

Enroll or learn more by visiting tn4hfoundation.org and find 4-H Delivers in the Resources menu.

Questions, comments or concerns? Email Ryan Hensley, tn4h@utk.edu.

Investing in Tennessee Youth
ALEC Graduate Program

Masters of Science in Agriculture Leadership, Education and Communications (ALEC)

Online degree available!!

For more information, please visit ag.tennessee.edu/alec
Or Call 865-974-7371

Carrie Ann Stephens
Professor, 4-H/ALEC

4-H PLEDGE

I pledge my HEAD to clearer thinking;
My HEART to greater loyalty
My HANDS to larger service; and
My HEALTH to better living,
For my club, my community, my country and my world.

Upcoming Events

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<th>Date</th>
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<td>YF&amp;R Summer Conference</td>
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<tr>
<td>July 23-27</td>
<td>TN 4-H Roundup &amp; All Star Conference</td>
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<tr>
<td>7/31-8/4</td>
<td>Southern Regional 4-H Horse Championships</td>
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<td>August 1</td>
<td>Annual Enrollment Due</td>
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<td>August 10</td>
<td>Level 1 Shooting Sports Certification</td>
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Want to see your story in Ideas?
Email it to state.4h.office@utk.edu