

# CREATE YOUR OWN VIRTUAL MODEL

Intermediate Level



## GOALS:

- To learn to use an internet site to create a “model” of yourself.
- To analyze which types of clothing styles are good for your figure type.
- To be able to make better decisions on clothing purchases by learning the types of clothing to buy that will look the best on you.

## SKILLS:

- Achieving Goals
- Decision Making
- Positive Self Esteem

Have you ever wanted to know how you really look in fashions that you like  
WITHOUT trying them on?

Here’s a way for you to get a visual picture of how various fashions actually look on you. By doing this you will be able to experiment with different styles and determine which looks best for your figure type. When you look your best it makes you feel great!!! So why wait, have fun and learn more about yourself and fashion.

Use the following instructions to learn more about fashions and you:

1. Go to the website: <http://www.mvm.com/cs>
2. Click **JOIN**.
3. Create your user id.
4. Click **My Model**. Enter your personal information.
5. Set your background.
6. You can view a short demonstration by clicking on **DEMO**.
7. Then click **Visual Search**.
8. At the down arrow, Click for which type of garment you would like to view/try one.
9. Choose a style from the one shown by clicking.
10. Then click the garment. You have a choice to “try-on” or search.
11. Use the arrows to drag more items.
12. You can save items.
13. Experiment using different styles of clothing to find your best styles.



Make a list here of the styles (straight, flared, fitted, loose, short, long, sleeveless) of fashions that look best on you:

Tops:

Jeans:

Jackets:

Trousers:

Save pictures from the site and print a page of pictures for you to take with you when you go shopping.

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