



4-H LEADERSHIP & PERSONAL DEVELOPMENT ACTIVITY PAGE

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Beginning

Your 4-H LEADERSHIP & PERSONAL DEVELOPMENT Project

Leadership is an important skill to have at school, at home, at work or anywhere. Leaders can be anyone from elected officials, like club officers or the President of the United States, to your friend who helps you make good decisions. To be a good leader, you have to know the skills you have, work to make them better and use them to help guide other people. The important thing to remember is that leaders are always growing.

This 4-H project can help you develop yourself and your leadership skills. Some of the skills you can learn and activities you can do this year are listed below. Check your favorites. Then, work with your 4-H leaders and parents to make a 4-H project plan for what you want to do and learn this year.

- Learn about you.
- Learn to spend time with family members.
- Learn to be a 4-H "buddy."
- Learn to take a role of leadership.
- Learn the characteristics of a good leader.
- Learn parliamentary procedure.
- Learn the roles and responsibilities of a babysitter.
- Complete a service project using project skills learned.
- Give a project demonstration in the 4-H club meeting.
- Make an exhibit or poster about leadership.
- Other _____



Life Skill
Leadership



On a separate sheet of paper, create a flag that reflects your interests and values.

Share your flag with your family, friends and fellow 4-H'ers.

A Look at Me

Thank goodness everyone is different! If we were all the same, it would be a very boring world. Accepting yourself for who you are is important. It doesn't mean that you can't strengthen your weaknesses or learn new skills. List three things you do well and three things you want to work on.

Things I Do Well:

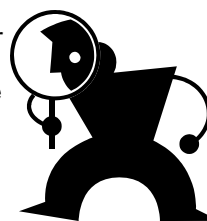
Things I Can Work On:

What is a LEADER to you?

A good leader is a role model for others. On a separate sheet of paper, write the letters L-E-A-D-E-R going down the page. Now think of a character trait of a good leader. Begin each character trait with the letter on your page. For example, "L" might stand for listens, so you might write "listens to others," because a good leader is someone who listens to others and their opinions. Make sure that your example represents a character trait of a good leader.

Now use the words you listed to write a story about YOUR leadership characteristics. Be sure to include a plan of action about how you can increase your leadership skills. Share your ideas with others in your club meeting.

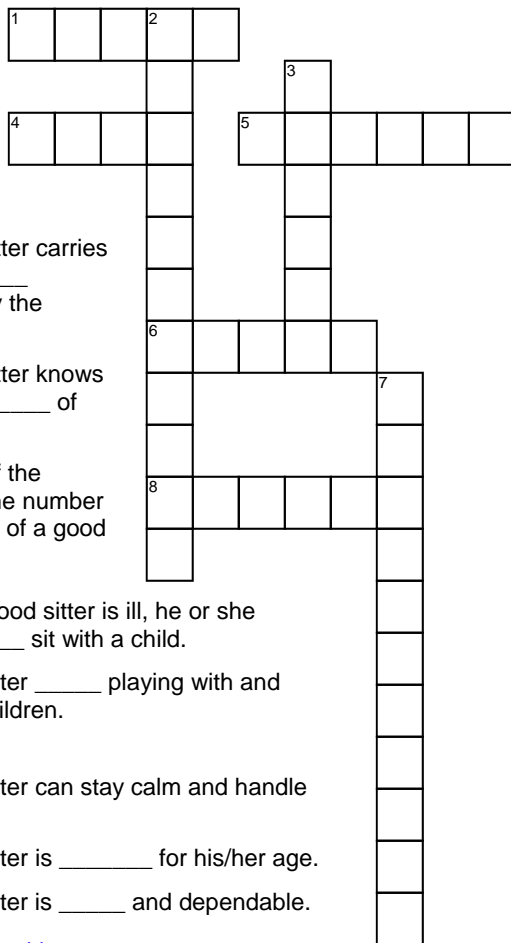
What is a LEADER to others?



Identify five leaders in your community. Some examples might include a parent/guardian, your principal, an elected official and a 4-H teen leader. Ask them to define the word *leader*. Did everyone define what a leader is in the same way? Compile the answers and what you learned from each person. Share what you learned with your 4-H buddy and with your 4-H club.

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A Good Sitter Crossword



Across

1. A good sitter carries out the _____ explained by the parents.
4. A good sitter knows how to take _____ of children.
5. _____ of the children is the number one concern of a good sitter.
6. When a good sitter is ill, he or she should _____ sit with a child.
8. A good sitter _____ playing with and caring for children.

Down

2. A good sitter can stay calm and handle _____.
3. A good sitter is _____ for his/her age.
7. A good sitter is _____ and dependable.

Words to Use

EMERGENCIES
NEVER
RESPONSIBLE
SAFETY

RULES
CARE
MATURE
ENJOYS



Career Scavenger Hunt

By asking others, researching on the Internet, or reading a book or magazine—search for a job that uses leadership skills and knowledge. Here's what you are looking for.

1. Job Title _____
2. Job Description _____
3. Education Required _____

Try these leadership ideas...

Teamwork

- ◆ Volunteer to lead a pledge or say the "thought for the day" in your club meeting.
- ◆ Find a 4-H buddy—someone to work with on your project.

Service Ideas

- Plan a community service project for your local 4-H club or project group.
- Display a poster about leadership styles.
- Give a family coupon for two hours of free babysitting.
- Learn about people from a different culture and share what you learn with your 4-H club.

Don't forget to submit your project report to your 4-H leader.

Additional Resources

Good leaders know they can always improve on their skills. They have to know what they believe and then act to do the right thing. This activity sheet has given you the opportunity to explore your interests, values, skills and ability to work in a team. But this is just the beginning! Use the resources listed below to continue learning about leadership and personal development.

- School & public libraries
- People who are in leadership roles
- American Red Cross
- 4-H project group
- The 4-H leadership and personal development Web page:

www.utextension.utk.edu/4h/projects/leadership.htm

For more ideas, contact your 4-H office.

Other 4-H Leadership & Personal Development Activities

- 4-H Demonstrations
- 4-H Visual Exhibits
- Public Speaking
- Club Officer
- Committee Member
- Officer Training

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