



Accessorize your Wardrobe: MAKE A FABRIC BELT

4-H Clothing and Textiles Project

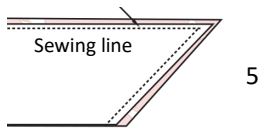
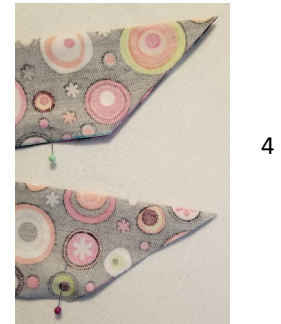
Part of the Family and Consumer Sciences 4-H Project Series



Supplies needed: Two Yards of Fabric (72 inches) and matching thread. This will make a sash/belt about 71 inches long. You can make your sash/belt longer or shorter by adjusting the length of fabric. You want the length to be your waist measurement plus 20 inches.

Instructions:

1. Cut 1" off the selvage edge of the fabric.
2. Cut a strip of fabric along the remaining edge that is 5" wide and the length of the fabric. (You can use the fabric that is left to make an infinity scarf or Boho shoulder purse or other item.)
3. Fold the fabric lengthwise, right sides together, matching the edges. Press a crease in the fold and pin the long edge in place.
4. On both ends, mark and cut a triangle from each end.
5. Begin at one end and sew on the slanted edge 1/4" from the edge. Be sure to secure your stitching by backstitching as you begin sewing. When you get to the corner, turn the corner and continue sewing.



6. Sew to within 3" of the middle of the sash along the edge. Secure your stitching by back stitching. Now sew the seam starting at the other end of the sash. Sew to within 2" of the opening. When you finish, you will have a 2" opening along the edge of the sash.
7. Clip excess fabric from the corners and turn the piece right side out through the opening. Slide a knitting needle or similar pointed edge to the end of the sash after it is turned and gently push to create a point. Do this on both ends.
8. Press well, folding in the raw edge at the opening. Use a needle and thread and hand stitch the opening closed.
9. Enjoy!!!!



By: Sue Byrd, Professor Emeritus, The University of Tennessee at Martin

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.