

Sew a Pillowcase, Using Burrito Method

4-H Clothing and Textiles Project
Part of the Family and Consumer Sciences 4-H Project



Fabric required:

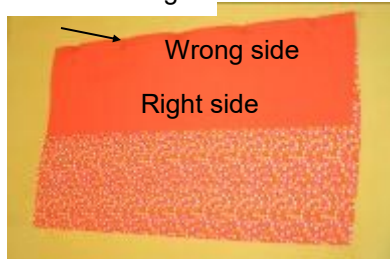
24" (2/3 yard) for body of pillowcase (44-45" wide fabric)
12" (1/3 yard) coordinating cuff piece (44-45" wide fabric)

Step 1. Cut pieces of fabric:

- body of pillowcase 24" X 43 inches wide
- cuff of contrasting/coordinating fabric 12" X 43 inches wide
(Trimming off the selvages and making these two an equal width.)

Step 2. Place right sides together lining up one of the 43" edges and pin in place.
(This is done by placing the body fabric right side [pretty side] so you can see it on a table. Place the cuff fabric right side down on top of the cuff)

Sew 1/4" from edges



Step 2

Roll body fabric like a burrito



Step 6

Step 3. Sew a 1/2" seam along pinned edge.

Step 4. Press seam open then toward the cuff (shorter) fabric piece.

Step 5. Lay out fabric so you can NOT see the shorter (cuff) fabric piece and you are looking at the wrong side of the body of the pillowcase.

Step 6. Now the fun begins!! Roll the fabric (like a burrito) until you can see the underneath shorter fabric piece. Keep rolling until you get close to the sewn

Step 7. Take the bottom edge of the cuff (shorter piece) and fold it up over the burrito'ed body section. Line up with the top edge that has been sewn. Pin in place, pinning on the side where you can see the previous row of



Steps 7 & 8



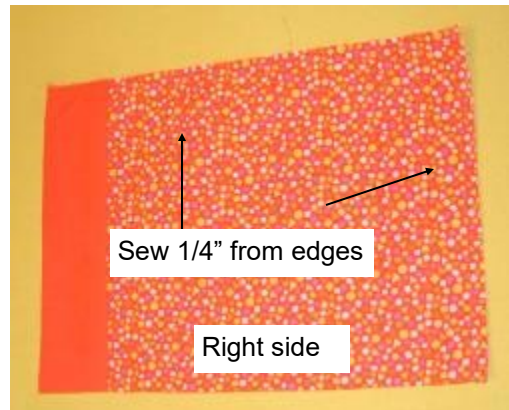
Step 9

Step 8. Sew on top of the first stitching line, sewing through all 3 layers.

Step 9. Turn the burrito right side out by pulling from one end of the tube you have created until you have pulled fabric out of tube.

Step 10. Press the finished cuff area on both sides to make the seam lay flat.

Step 11. Next you will sew a French (encased) seam by using the following instructions:
-With **WRONG** sides together (so you can see the pretty side of the fabric), fold the fabric in half so it looks like a pillowcase.
-Pin the raw edges at the side and bottom.



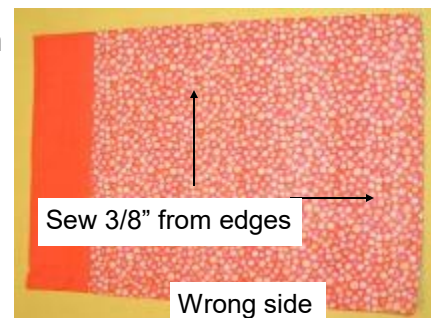
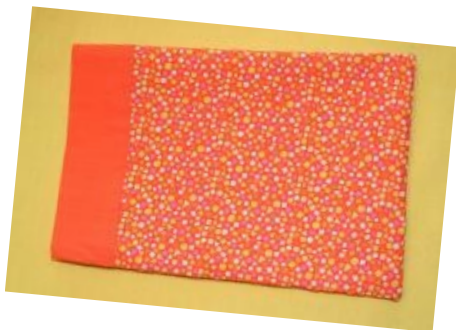
Step 12

Step 12. Sew the side and bottom of the pillowcase 1/4" from the edge, turning the corner at the lower edge and backstitching at the beginning and end.

Step 13. Trim seam allowance slightly (1/8").
-Press seams open, then turn pillowcase inside out so you are looking at the wrong side of the fabric.
-Press so the seams just sewn are at the edge of the fabric.

Step 14. Pin and sew another seam on the side and bottom 3/8" from the edge (again turning the corner at the lower edge and backstitching at the beginning and end).

Step 15. Turn right side out and press again.



Step 14

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