# Tennessee's Innovation Programming Priorities (TIPPs) for 4-H



#### What is TIPPs?

The mission of Tennessee 4-H Youth Development is to provide research-based Extension educational experiences that stimulate young people to gain knowledge, develop life skills, and form positive attitudes to prepare them to become capable, responsible, and compassionate adults.

Tennessee's Innovative Programming Priorities (TIPPs) for 4-H is a framework of outcomes and indicators designed to help youth master critical life skills. A series of lesson plans utilizing the experimental learning model provide hands-on instruction to teach critical life skills while meeting state content standards

To review the curriculum, visit <a href="https://tiny.utk.edu/TIPPS">https://tiny.utk.edu/TIPPS</a>

#### 4th Grade Activities

I am the boss of my emotions

This lesson allows students to identify certain emotions they are feeling and share those in a supportive environment. Students will be able to express their emotions in a variety of ways and learn how to manage their feelings and emotions in a positive way.

#### SMART Goals

This lesson focuses on teaching students the importance of goal setting. Students will learn the components of a SMART (specific, measurable, attainable, realistic and time-bound) goal, and then use their newly learned skills to create at least one SMART goal for their project work in 4-H.

#### **TIPPs in Your Classroom**

Advantages of using TIPPs lessons in your classroom:

- Research-based programming created by University of Tennessee faculty
- Lessons are led by UT Extension 4-H agents (Example lessons are listed below)
- Development of life skills increases student confidence and critical skills for the job market
- Engaging community resources that provides practical application for standardsbased concepts you teach
- Offers students real world examples that reinforce content standards to build readiness for state testing

#### 5th Grade Activities

I Bring This to the Table

This lesson allows students to gain an understanding of the importance of themselves and what skills and traits they bring to different situations. Students identify positive skills and attributes as well as areas in which they can improve.

Teamwork Makes the Dream Work

This lesson allows students to work in teams to complete several small tasks related to defining teamwork and then create an achievable goal and action plan for completing their goal as a team.







# **Beginner Level TIPPs Outcome and Indicators**

## Understand what it means to be a 4-H member.

Participate in 4-H club meetings by saying pledges, completing activities, and being engaged

Recite the 4-H pledge from memory

Identify at least four project areas to consider as a project area for future 4-H work

Identify at least one appropriate goal for the year related to 4-H and work to meet that goal

# Improve communication skills and develop a sense of belonging.

Greet others and make introductions

Actively listen to what others are saying; be able to restate or summarize what has been said

Follow instructions

Accept "no" answers

## Understand what it means to be a 4-H member.

Participate in 4-H club meetings by saying pledges, completing activities, and being engaged

Select at least one project area in which to focus future 4-H participation

Communicate information learned from a specific project area to the larger 4-H club

Identify at least one goal as an individual and the tasks or steps necessary to meet that goal

# Improve communication skills and develop a sense of belonging.

Use good manners

When reading, consider ideas, thoughts, information, or messages that have been written

Be able to verbalize one's own uniqueness and specialness

#### 4th Grade

## Demonstrate characteristics of good character.

Understand the importance of valuing oneself by making "I matter because..." statements

Choose for oneself between right and wrong by explaining one's choice for a given situation

Recognize a feeling as it happens to oneself; be aware of one's mood and one's thought about that mood by stating it to others

Show use of good judgement

#### Demonstrate the characteristics of leadership, citizenship, and teamwork.

See the perspective of others and their value by summarizing other points of view

Gather relevant information for decisionmaking

Communicate information effectively about a given topic

#### 5th Grade

## Demonstrate characteristics of good character.

Express one's feelings appropriately and in proportion to circumstance

Recognize emotions in others; be sensitive to what others need or want

Describe one's personal values (what one considers important) and societal expectations

Understand one's ability, strengths, and limitations

# Demonstrate the characteristics of leadership, citizenship, and teamwork.

Define issues of a given problem or situation

Speak clearly and effectively in group settings

As part of a group, identify and agree on a common task (set a goal)

Divide a team task by identifying contributions by each person