

# 2021 4-H Youth Development In-Service Listing



**Title:** *"Fundraising 101/ Understanding the 4-H Foundation"*

**Instructor:** Ryan Hensley

**Descriptor:** Learn how to manage relationships, steward donors and how to make the ask. We also cover how to most effectively utilize the 4-H Foundation.

**Preferred Dates:** CR = Monday, May 3

WR = Thursday, May 27

ER = Monday, August 16

**Type of Presentation/Location:** Face-to-Face Regional Presentations -- Regions to set dates

**SUPER Link:** TBD

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**Title:** *"Low Ropes Course Training"*

**Instructor:** Ridley 4-H Center Staff

**Descriptor:** This in-service training will provide you the opportunity to be an actively engaged participant on the low ropes course at the Ridley 4-H Center. It is designed to teach you how to work together in a team setting to solve problems, achieve goals and most importantly safety all while learning about each element on the low ropes course. This in-service training will be a six hour training. Upon completion of the training, you will be able to help lead the low ropes course during your week of 4-H summer camp. All 4-H agents and adult volunteer leaders are welcome to attend. For questions, please contact the Ridley 4-H Center.

**Preferred Dates:** WR = April 26, 2021

**Type of Presentation/Location:** Face-to-Face at Ridley 4-H Center

**SUPER Link:** TBD

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**Title:** *"Challenge Course/Team-Building Initiatives Training"*

**Instructor:** Scottie Fillers and Tanner Pruett

**Descriptor:** Challenge course/team-building initiatives are an invaluable component of any camping program. Participants in this in-service will 1) explore the role of the facilitator and how he/she best sets the tone for a successful learning experience; 2) learn about group dynamics and how to best engage various group populations; 3) understand the experiential learning cycle, including how to adapt and modifying activities to create an impactful program designed to meet user needs; and 4) examine different methods to help team process and debrief their challenge course/team-building experience.

**Preferred Dates:** ER = Monday, April 19

**Type of Presentation/Location:** Face-to-Face at York 4-H Center

**SUPER Link:** TBD

**Title:** *"Building a 4-H Volunteer Management Superstructure"*

**Instructor:** Daniel Sarver

**Descriptor:** Rome wasn't built in a day, and neither will your County 4-H Volunteer Superstructure. In this In-Service, learn how to design and frame up a solid 4-H Volunteer Management Superstructure that will stand the test of time. Learning components of this In-Service will include management systems, volunteer motivations, and volunteer empowerment.

**Preferred Dates:** CR = Monday, March 1

WR = Monday, January 25

ER = Wednesday, August 18

**Title:** "The Mythical and Magical Powers of the 4-H Enrollment System"

**Instructor:** Daniel Sarver

**Descriptor:** The SUPER 2.0 4-H Enrollment system boasts of incredible power. To wield it, one must feel confident in its power to transform complex tasks into simple ones. Participants will be guided through the 4-H Enrollment system, and experience a glimpse into its full force and might as a planning, evaluating, and reporting instrument.

**Preferred Dates:** CR = Friday, April 30

WR = Friday, March 26

ER = Friday, March 26

**Title:** *"Conflict Resolution"*

**Instructor:** ANR Leadership Development Leadership Team

**Descriptor:** All of us experience conflict at one time or another. It can't be avoided. You can, however, learn how to productively manage it. There are five conflict management styles. In this in-service, you will learn all five styles, including an identification of your preferred style -- and when to use them. This training is based on the Thomas-Kilmann Conflict Mode Instrument.

**Dates:** February 22-24, 2021

**Type of Presentation/Location:** Face-to-face, Regional Presentations

**SUPER Link:** <http://supertennessee.edu/Event/Home.aspx?ID=18436>

**Title:** *"Mindful Mixed Media"*

**Instructors:** Lori Gallimore and Neal Hughes, MDiv, MA, LSPE

**Descriptor:** For most of us, the year 2020 was the year that was not. We found ourselves frustrated, scrambling, and creating balancing acts that never in our wildest dreams we thought we'd ever have to do. What about yourself? Did you take time for yourself? Did you break away? Did you find it difficult to relax?

In this in-service, you will learn two skills. The first is basic mindfulness practice. The second is mixed media (i.e. watercolor, handlettering, bookbinding and collage). Using these two practices together will give you some new tools to use to relax, focus and renew. We will learn techniques, create journals and explore ways to offer this training for our junior high and senior high 4-H members, 4-H day camps, FCE clubs, etc. This in-service can be taught either face-2-face or virtual. There will be a supply list sent to you in advance.

**Preferred Dates:** CR = Monday, August 16

WR = Thursday, August 5

ER = Wednesday, August 25

**Title:** "B.E.S.T.: Building Exceptionally Skilled Teachers"

**Instructor:** Lori Gallimore

**Descriptor:** The goal of B.E.S.T. is to equip Extension educators to enhance the quality of their teaching. B.E.S.T. consists of three legs, Preparation, Presentation, and Professionalism. Each leg will address an important component of teaching.

Day One (half day):

Students deliver a prepared presentation for evaluation with the following learning outcomes.

- (1) Evaluation by instructor, peers and self
- (2) Identify personal deficiencies in public speaking and teaching skills

Day Two (full day):

Participants are exposed to various techniques that will improve public speaking and teaching skills with the following learning outcomes:

- (1) Gain knowledge necessary to improve public speaking skills
- (2) Learn how to organize a presentation
- (3) Address various methods of presenting (including online and face-to-face)
- (4) Understand the importance of audience involvement

Day Three (half day):

Participants will redesign and then redeliver their previous presentation via Zoom given on "day one" based on their evaluations and knowledge gained from "day two" of the training. The delivery will be conducted in an online format via Zoom, rather than face-to-face. The objective is to document student improvement with the following learning outcomes:

- (1) Develop confidence and effectiveness in public speaking and teaching
- (2) Improve the quality of life/well-being of families of participants that attend UT/TSU Extension presentations
- (3) Use knowledge and skill gained from training to create an effective online presentation
- (4) Recognize differences that must be taken into account regarding the design between online and face-to-face presentations

**Preferred Dates:** CR = April 12 and 13

November 29 and 30

WR = May 25 and 26

December 1 and 2

ER = April 28 and 29

September 15-16

**Type of Presentation/Location:** Face-to-Face, Regional presentations (suggesting that two date sets are established for each region -- one for spring and one for fall); Two consecutive days need to be set for face-to-face meetings (day one and day two)

**SUPER Link:** TBD

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**Title:** *"Getting Kids Outdoors with the 4-H Outdoor Recreation Activities"*

**Instructors:** Scott Reese

**Descriptor:** The days of kids spending all day outside have been replaced with cell phones, tablets and couches. Connecting youth of today with activities they can do outdoors is a great way to improve their physical and mental health. Participants will learn how to use activities like fishing, kayaking, outdoor cooking, wildlife observation, hiking, and camping, to expand 4-H participation to new and diverse audiences. Let's go outdoors!

**Preferred Dates:** CR = Friday, May 21  
WR = Thursday, May 20  
ER = Thursday, May 24

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**Title:** *"Engaging 4-H'ers in Meaningful Project Work"*

**Instructors:** Jennifer Richards

**Descriptor:** Each of the 4-H project areas are guided by project area outcomes. These outcomes are set by subject matter specialist and reviewed by 4-H agents and specialists. But how do these outcomes translate into meaningful project work for 4-Hers at all levels? This session will provide an overview of all new project area outcomes, give examples of how to use the outcomes to guide programming and project work, and unveil the new project area guides to support independent project work.

**Preferred Dates:** WR -- Thursday, October 7

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ER -- Monday, October 11

CR -- Friday, October 22

\*\* Can also be delivered online, if needed and preferred

**Type of Presentation/Location:** Face-to-Face; One-day in-services in all three regions

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