

JUNE

WEEKS 1 - 4



2021 HEALTHY LIVIN' SUMMER

WEEK 1: JUNE 7

THEME: HEALTHY RECIPE

Registration 5/27 - 5/31 @
tiny.utk.edu/HLSweek1

WEEK 2: JUNE 14

THEME: WATER

Registration 6/3 - 6/7 @
tiny.utk.edu/HLSweek2

WEEK 3: JUNE 21

THEME: HEALTHY RECIPE

Registration 6/10 - 6/14 @
tiny.utk.edu/HLSweek3

WEEK 4: JUNE 28

THEME: GRATITUDE

Registration 6/17 - 6/21 @
tiny.utk.edu/HLSweek4

JULY

WEEKS 5-8



2021 HEALTHY LIVIN' SUMMER

WEEK 5: JULY 5

THEME: HEALTHY RECIPE

Registration 6/24 - 6/28 @
tiny.utk.edu/HLSweek5

WEEK 6: JULY 12

THEME: FAMILY FUN

Registration 7/1 - 7/5 @
tiny.utk.edu/HLSweek6

WEEK 7: JULY 19

THEME: HEALTHY RECIPE

Registration 7/8 - 7/12 @
tiny.utk.edu/HLSweek7

WEEK 8: JULY 26

THEME: MINDFULNESS

Registration 7/15 - 7/19 @
tiny.utk.edu/HLSweek8

AUGUST

WEEKS 9-10



2021
HEALTHY
LIVIN'
SUMMER

WEEK 9: AUGUST 2

THEME: HEALTHY RECIPE

Registration 7/22 - 7/26 @
tiny.utk.edu/HLSweek9

WEEK 10: AUGUST 9

THEME: YOGA

Registration 7/29 - 8/2 @
tiny.utk.edu/HLSweek10

