



BEEF COOKING DEMO

**Join Our Guest
Janna Sullivan, TN Beef Council**

Cook along & Create:
Beefy sweet & sloppy joes
Beefy pb & j wraps

**\$10 GROCERY
GIFT CARD**
for first 30 participants to register

**MARCH 31 VIA ZOOM
6 - 7:30 PM ET / 5 - 6:30 PM CT**

SIGN UP BY MARCH 24 TO CLAIM YOUR SPOT:

[TINY.UTK.EDU/BEEFDEMO](https://tiny.utk.edu/beefdemo)