Welcome to Tennessee 4-H! You have now joined over 157,000 4-H members across the state! Together, we are in pursuit of knowledge, skills, and attitudes related to Life Skill development and project-specific intelligence. A little unsure about what project area is for you? Read the descriptions below and choose the one that is right for you!

**BEEF**
Learn about breeds of beef cattle, management of a herd, how to show beef cattle, and anatomy.

**CLOTHING & TEXTILES**
Wardrobe planning, clothing care & maintenance, creating clothing & accessories, and understanding textiles are all covered in this project.

**COMPANION ANIMALS**
Identify the best companion animal for you, learn basic care and feeding, identify common breeds.

**CITIZENSHIP**
Become a good citizen, transform your community, and activate a sense of citizenship in others.

**COMMUNICATION & PUBLIC SPEAKING**
Improve yourself in all forms of communicating: written, verbal, and non-verbal.

**COMPUTERS & TECHNOLOGY**
Coding, program development, and identifying the parts of a computer are just a few activities in this project area.

For more information visit: [https://4h.tennessee.edu/what-interests-you/](https://4h.tennessee.edu/what-interests-you/)
4-H Project

CONSUMER EDUCATION & ECONOMICS
The topics in this project include producing and managing income, understanding the economy, and financial planning.

DAIRY
Focuses on the care, management, anatomy, and showing of dairy cattle.

ENGINEERING & SAFETY SCIENCE
Design, revision, maintaining a safe work space, and so much more are parts of the Engineering and Safety Science project.

CREATIVE ARTS & DESIGN
In Creative Arts and Design, 4-H members explore visual arts, crafts, interior, and graphic design.

ELECTRIC
Focuses on electricity, how it is created and conducted, what powers our world.

ENTOMOLOGY & BEEKEEPING
This project introduces 4-H'ers to the exciting world of insects and their relatives, the arthropods.

ENTREPRENEURSHIP
This project focuses on money-making, business ideas, selling and providing goods to clientele.

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Tennessee 4-H Youth Development

4-H Project

FOOD SCIENCE
Microbiology, food preparation, and food related careers are topics covered in this project.

FORESTRY, WILDLIFE & FISHERIES
A perfect project for someone who loves being outdoors. Learn about species of wildlife, aquatic animals, and the environment.

GOAT
Explore different breeds of goats, while also learning how to manage and show their herd.

HORSE
Introduces 4-H members to management, confirmation, anatomy and diseases related to horses.

HORTICULTURE & GARDEN
Soil, flowering plants, and vegetable plants are a few of the great topics covered in the Horticulture/Garden project.

LEADERSHIP
In the Leadership project, 4-H members gain the skills to be leaders of themselves, their community, and their world.

NUTRITION, HEALTH & FITNESS
Physical activity, nutrition, and health are just a few topics to learn about in the Nutrition, Health and Fitness Project.

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**4-H Project Selection Guide**

### 4-H Project

#### PERSONAL DEVELOPMENT

This project encourages 4-H members to develop themselves through the 7 C's: Caring, Character, Competence, Connection, Confidence, and Contribution.

#### OUTDOOR RECREATION & SHOOTING SPORTS

Enjoy the outdoors while engaging in canoeing, kayaking, camping, and fishing. You can also develop skills and precision in shooting sports activities.

#### PERFORMING ARTS & RECREATION

4-H members in this project learn about vocal and stage performance, and indoor recreation.

#### PHOTOGRAPHY

Parts of a camera, image composition, and image and video editing and just a few things awaiting 4-H members in the Photography project.

#### PLANT SCIENCE

The Plant Science project exposes 4-H members to the science and method of growing a variety of plants.

#### POULTRY

Whether it’s managing a small home flock, or a major operation, 4-H members will gain these skills in the Poultry project.

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Management, anatomy, and proper nutrition are just a few topics covered in the Sheep project.

Common diseases, treatments, and animal anatomy are topics covered in the Vet Science Project.

In the Swine project, you'll learn about breeds of pigs, management of a herd, how to show swine, and anatomy of swine.

Want to know more?

You can find more information on the Tennessee 4-H project areas, including lists of project area outcomes, at the link below!

https://4h.tennessee.edu/what-interests-you/