

# ALLERGY FRIENDLY SNACKING DEMO

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FCS Extension Agent

[TINY.UTK.EDU/ALLERGYFRIENDLY](https://tiny.utk.edu/allergyfriendly)



**October 21 via Zoom**

**6 - 7:30 p.m. ET / 5 - 6:30 p.m. CT**

Sign up by October 18 to claim a spot & \$10 grocery gift card to purchase ingredients (\*Gift cards only available for Tennessee 4-H member. However, others may participate in the demo.)

