4-H Project Selection Guide

Welcome to Tennessee 4-H! In which project would you like to be involved? Take a look at the projects below to make a choice!



Learn how to identify breeds and anatomy of beef cattle, how to manage a herd, and show cows in a competitive way.



CITIZENSHIP

Become a better citizen by transforming your community and activating a sense of citizenship in others.

CLOTHING & TEXTILES

Includes wardrobe planning, care & maintenance of clothing, creating clothing & accessories, and understanding textiles.

COMMUNICATION/PUBLIC SPEAKING

Improve in all forms of communication, including written, visual, verbal, and non-verbal communication.



COMPANION ANIMALS

Identify the best companion animal for you, learn basic care and feeding, identify common breeds.

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COMPUTERS & TECHNOLOGY

Learn about technology and its functions, including coding, program development, and identifying computer parts.



CONSUMER EDUCATION

Learn about the economy and how to manage income, understand the economy, and create a financial plan.



CREATIVE ARTS & DESIGN

4-H members get to explore visual arts, crafts, interior, and graphic design.

DAIRY

This project focuses on teaching the care, management, anatomy, and showing of dairy cattle.

ELECTRIC

Learn about atoms and electricity, current and voltage, generating electricity, electrical circuits, and using electricity safely.



ENGINEERING & SAFETY SCIENCE

Learn all about the process of engineering, including design, revision, and maintaining a safe workspace.



ENTOMOLOGY & BEEKEEPING

Introduces 4-H members to the exciting world of insects and their relatives, the arthropods.

ENTREPRENEURSHIP

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This project focuses on starting a business, money-making, selling and providing goods to clientele.

FOOD SCIENCE



4-H members learn about obiology, food preparation, and food related careers.

FORESTRY, WILDLIFE, & FISHERIES

A perfect project for someone who loves being outdoors. Learn about species of wildlife, aquatic animals, and the environment.



GOAT

Explore different breeds of goats. Learn how to manage and show their herd.



HORSE

Introduces 4-H members to management, confirmation, anatomy, and diseases related to horses.



HORTICULTURE & GARDEN 🕻

Explore all the different soils, flowering plants, and vegetable plants in this project.

LEADERSHIP

4-H members gain the skills to be leaders of themselves, of their community, and of their world.



OUTDOOR RECREATION & SHOOTING SPORTS

Enjoy the outdoors while engaging in canoeing, kayaking, camping, and fishing. You can also develop skills and precision in shooting sports activities through this project.

NUTRITION, HEALTH, & FITNESS

Physical activity, nutrition, and personal health care are just a few topics for 4-H members to learn about.



PERFORMING ARTS & RECREATION

Learn about vocal and stage performance, and indoor recreation.



Encourages 4-H members to develop through the 7 C's: Caring, Character, Competence, Connection, Confidence, and Contribution.



PHOTOGRAPHY

Learn about parts of a camera, image composition, and video editing in this project.



PLANT SCIENCE

Learn about how food and fiber are produced, while also learning the science and methods of growing a variety of plants.



POULTRY

Learn how to raise and manage poultry, whether it be a small, at home flock, or a major operation.



SHEEP

Learn all about the management, anatomy, and proper nutrition of sheep.



SWINE

Learn about the breeds of pigs, the management of a herd, and how to show them.



VETERINARY SCIENCE

Learn about the anatomy of animals, common diseases they have, and treatments for them.





Want to know more?

You can find more information on the Tennessee 4-H project areas, including lists of project area outcomes and project guides, at the link below:

https://4h.tennessee.edu/what-interests-you/