

Outdoor Recreation/Shooting Sports

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General Outdoor Recreation, Camping & Hiking

- Explain the importance of each of the 10 essentials of outdoor activities.
- Create a simple outdoor recreation first aid kit.
- Prepare a nutritious snack to take on an outdoor adventure.
- Demonstrate how to set up a tent and/or hammock.
- Learn how to safely build a campfire and demonstrate this skill with an adult.

Fishing

- Summarize local laws and regulations related to fishing.
- Define the following terms: tackle, lure, line weight, game fish.
- Identify the parts of a fish.
- Describe elements of safely casting a line.
- Compare and contrast spin casting, spinning and bait casting.
- Tie a clinch knot and a Palomar knot.
- Successfully bait a hook for fishing.
- Catch a fish with any type of rod and reel.

Firearms

- Describe the importance of basic firearm safety.
- Discuss the rules and regulations for transporting and storing firearms and demonstrate to an adult how to safely transport a firearm.
- Identify the major components and uses of a rifle, shotgun and pistol.
- Demonstrate safe gun-handling with an adult using the acronym MAT:
 - **Muzzle** in a safe direction.
 - **Action** open and unloaded.
 - Finger off the **Trigger**.



- Watch an adult clean and store a firearm safely.
- Participate in a live-fire activity in your shooting sports discipline.
 - Define eye dominance and show someone else how to check their eye dominance.
 - Explain sight alignment.
 - Explain why proper breathing is important when firing a shot.
 - Demonstrate proper gun passing.
 - Develop stamina to shoot a certain number of shots within two hours.
 - Score targets.
 - Consistently follow five fundamental safety rules: muzzle control, action open and empty, finger off trigger, eye and ear protection, and personal responsibility.

Archery

- Describe the importance of basic archery safety.
- Correctly identify the different types of bows.
- Label the parts of all types of bows.
- Name and identify the parts of an arrow.
- Under the supervision of an adult, clean and store a bow safely.
- Identify proper protective equipment (shoes, arm guards, release, finger guards).
- Participate in a live-fire activity in archery.
 - Define eye dominance and show someone else how to check their eye dominance.
 - Explain sight alignment.
 - Explain why proper breathing is important when firing a shot.
 - Develop stamina to shoot 40 shots at one standing.
 - Score a target.

Hunting

- Explain where to find information on Tennessee's general laws and regulations for hunting.
- Given a picture, identify all of Tennessee's game animals by sight.
- Review basic firearm and archery safety.
- Describe and demonstrate stalking.
- Discuss the importance of camouflage.
- Go hunting for at least one type of Tennessee game.



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