





# "VOLUNTEER JAM"

AT THE 4-H ALUMNI AND FRIENDS REUNION



TENNESSEE 4-H  
**VOLUNTEERS**

**TENNESSEE 4-H VOLUNTEER**

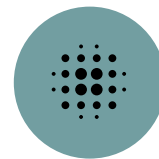


**SHARE AND BE INSPIRED AT THE 4-H  
VOLUNTEER WORKSHOPS**

**FRIDAY & SATURDAY, MARCH 3-4**

James E. Ward Agricultural Center  
East/West Building  
945 East Baddour Parkway, Lebanon, TN

# "VOLUNTEER JAM"



## WORKSHOPS AT THE 4-H ALUMNI REUNION

**FRIDAY,  
MARCH 3**

*12:00 – 1:00PM Registration  
East/West Bldg.*

**FRIDAY,  
MARCH 3**

*1:00 – 1:45PM*

### **AROUND THE WORLD IN 6 HOURS (EAST BLDG)**

Kathy Finley and LaDonna Jones

In this workshop you will learn how to organize your teen leaders for a 6 hour day camp. Each teen helping will pick a country to study, find a recipe, game, craft and a bit of history to share with the campers. They will then present these items on a display board and have it ready to present and share at the camp. They might cook the food or have samples, play the game or make the craft.

### **BE CREATIVE WITH TEXTILES (WEST BLDG)**

Barbara Nuckols and Juanita Miles

Participants will use different textiles to create a work of art. Cost of class is \$5.00 each.

**FRIDAY,  
MARCH 3**

*2:00 – 2:45PM*

### **CHICKEN OUT THE POULTRY PROJECT (EAST BLDG)**

Jennifer Morgan and Julia Finchum, Jefferson County Volunteers

Learn how to prepare for chicks' arrival, how to care for them and keep them healthy. Learn how to select hens for showing and how to troubleshoot egg laying issues; and what to do with the hens after the show and sale.

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## WORKSHOPS AT THE 4-H ALUMNI REUNION

**FRIDAY,  
MARCH 3**

2:00 - 2:45PM

### **CONNECTING COMMUNITY SERVICE TO 4-H PROJECT WORK USING CREATIVE ARTS/DESIGN AND CLOTHING/TEXTILES EXAMPLES (WEST BLDG)**

Dr. Sue Byrd, Adjunct Professor, UT Extension, Family and Consumer Sciences;  
Professor Emeritus, UT Martin

Community Service is a valuable part of the 4-H experience to connect 4-Hers with their community and the idea of serving others. Participants will learn about community service activities that can be completed by 4-Hers related to the Creative Arts/Design and Clothing/Textiles Projects. They will also create examples of crafts that can be used by any project and develop ideas for community service projects for specific 4-H projects.

**FRIDAY,  
MARCH 3**

3:00 - 3:45PM

### **4-H AND YOUR FAIR (EAST BLDG)**

Melissa Shelton

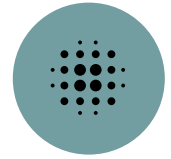
How agents, volunteers, and youth can be more involved in their local fair and the state fair.

### **USING CRICUT MACHINE FOR EMBROIDERY & SEWING PROJECTS (WEST BLDG)**

Lucinda Drummonds

Will show how to create a design in Cricut Design Space. Will show how the machine draws the design onto the material, and then how to cut it out using the machine.

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## WORKSHOPS AT THE 4-H ALUMNI REUNION

**FRIDAY,  
MARCH 3**

4:00 - 4:45PM

### **VOLUNTEERING FOR THE FIRST AID STATION AT CAMP (OR HOW TO GET REALLY TIRED AND SLEEP WELL!) - EAST BLDG**

Cheryl Lehman, RN and James McMillion

First Aid at camp can be a busy, dizzying experience, full of 4-H'ers, injuries, medications, normal bodily functions and who knows what! This class will offer an overview of the opportunities and challenges in providing first aid to 4-H campers while offering suggestions for training, treatment and supplies. Yes, James says that staffing the First Aid station will be fun.....!

### **MAKE AND TAKE FOR YOUR SEWING PROJECT GROUP: CHAPSTICK HOLDER CLIPS (WEST BLDG)**

Karen Nelms, Jefferson County 4-H Agent and County Director  
Karen Smith, Jefferson County Volunteer

Participants will sew a chapstick holder clip and take home the step by step directions to complete the project with a sewing / creative arts project group. These clips make great service projects.

**SATURDAY  
MARCH 4**

7:30 - 8:00AM

### **CONTINENTAL BREAKFAST (EAST/WEST BLDG)**

**SATURDAY  
MARCH 4**

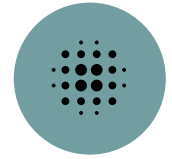
8:00 - 8:45AM

### **GETTING STARTED WITH CLOVERBUDS (EAST BLDG)**

Delia Marchant and Dianna Watkins

This workshop will go through how the Cloverbuds class started in Giles County. We will discuss the classes taught thus far; and how we have incorporated what the older children are doing into what we are doing with K-3 graders.

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## WORKSHOPS AT THE 4-H ALUMNI REUNION

**SATURDAY  
MARCH 4**

8:00 – 8:45AM

### **GOING UP IN SMOKE (WEST BLDG)**

Robyn Elswick, 4-H Agent and Carla Lindsey, 4-H Volunteer

Volunteers and Agents will learn the basics of the Grill Master Challenge; how to teach it to youth as well as tips and tricks to win those top awards.

**SATURDAY  
MARCH 4**

9:00 – 9:45AM

### **YOU TOO CAN DANCE (EAST BLDG)**

Cheryl Valentine, Mason Valentine, and Saydee Mills

Learn five popular 4-H dances to better connect with 4-Her's in a fun way. Dances featured are:

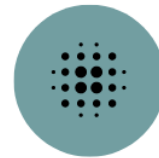
1. Electric Slide
2. Cupid Shuffle
3. Biker's Shuffle
4. Cotton-Eye Joe
5. Fishin' in the Dark

### **4-H AND COMMUNITY COLLABORATIONS AND CONNECTIONS (WEST BLDG)**

Paulette Bass Bledsoe (4-H volunteer), Devon Yurko (Giles County Executive Director for Boys and Girls Clubs of South Central TN), Mason Wells (4-H all star member)

Utilizing technology visuals, creative hands-on activities and brainstorming group discussions, we will further ignite the importance of diverse options and the possibilities of growth through positive 4-H explorations and integrations in our communities. Our childrens' interests, as diverse as our 4-H opportunities, can provide personal motivation to excel by incorporating and including additional urban developmental and collaborative ideas in our communities.

# "VOLUNTEER JAM"



## DISPLAYS AT THE 4-H ALUMNI REUNION

**SATURDAY  
MARCH 4**

*10:00AM - 1:00PM Display Viewing  
Wilson County Expo Center*

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### **AROUND THE WORLD IN 6 HOURS**

*Kathy Finley and LaDonna Jones*

Learn how to organize your teen leaders for a 6 hour day camp. Each teen helping will pick a country to study, find a recipe, game, craft and a bit of history to share with the campers. They will then present these items on a display board and have it ready to present and share at the camp. They might cook the food or have samples, play the game or make the craft.

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### **4-H AND YOUR FAIR**

*Melissa Shelton*

How agents, volunteers, and youth can be more involved in their local fair and the state fair.

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### **NEW LESSONS/ACTIVITIES AVAILABLE FOR VOLUNTEERS TO USE IN 4-H CREATIVE ARTS/DESIGN AND CLOTHING/TEXTILES PROJECTS**

*Dr. Sue Byrd, Adjunct Professor, UT Extension, Family and Consumer Sciences;  
Professor Emeritus, UT Martin*

View a sampling of the new lessons/activities available in the Creative Arts/Design and Clothing/Textiles Projects including mini lessons, STEM Activities, and Community Service activities. Handouts will provide links to lesson plans, 4-H project pages, resources from other state extension organizations and companies that will enhance what is readily available to 4-Hers, 4-H agents and Volunteer Leaders.

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### **SUMINAGASHI PRINTING**

*Callie Smith*

Suminagashi, or floating ink, printing is a fun artistic project for 4-H members that can be completed using Tsukineko ink, shaving cream, a squeegee and fabric. Learn how you can use this ancient art form in your next club or project group meeting.

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### **IDEAS FOR SEWING PROJECT GROUPS**

*Ella Smith*

View projects made by Jefferson County sewing project group members and take home directions to complete these projects with your groups. Links to powerpoint tutorials are available for some projects.

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### **4-H AND COMMUNITY COLLABORATIONS AND CONNECTIONS**

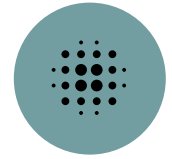
*Paulette Bass Bledsoe (4-H volunteer)*

*Devon Yurko (Giles County Executive Director for Boys and Girls Clubs of South Central TN)*

*Mason Wells (4-H all star member)*

Ideas, integration and implementation of urban agricultural and motivational 4-H programs within our local communities.

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### **4-H INTERNATIONAL EXCHANGE PROGRAMS**

*Paulette Bass Bledsoe, 4-H volunteer*

*Mason Wells, 4-H All Star and 4-H International Exchange program participant*

Visuals and hands on opportunities; Cultural diversity including community development; International communication skills



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