



## 2023-2024 Tennessee 4-H Agent In-Services

**TITLE: “Creating Strong 4-H e-Portfolios in FCS Content Areas”**

**FACILITATOR(S):** Marci Hethmon

**DESCRIPTOR:** This hands-on in-service will walk participants through creating a strong portfolio in Consumer Economics and other FCS content areas. Participants will leave with a better understanding of how portfolios are scored and viewed by FCS judges. Participants will gain coaching skills and leave with project ideas to assist youth in creating the strongest portfolio possible.

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- Central and Western Region Training = December 12, 2023; 9am to 4pm -- Dickson, TN  
<https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/61200?fromSearch=true>
- Eastern and Central Region Training = December 13, 2023; 9am to 4pm -- Knoxville, TN  
<https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/61202?fromSearch=true>

**TITLE: “Effectively Planning for 4-H State Events”**

**FACILITATOR(S):** Lynne Middleton, Jamie Harris, Tonya Bain and Lori Gallimore

**DESCRIPTOR:** Do you feel like we have a lot of 4-H state events across Tennessee? Are you overwhelmed, confused, or would like clarification about different events, and who is eligible to attend each one? Would you like to know more about promoting events, finding resources and forms, and even learning to set up a personal timeline? Then this in-service is one you won't want to miss. All 4-H agents are encouraged to attend -- new and seasoned agents! Participants in this session will learn specific information about individual state events and all of the questions above will be answered. Agents will leave this in-service knowing rules, expectations, schedules, and even historical ceremonies that are held at events such as Roundup, Congress, Academic Conference, and Electric Camp. This session will also help agents prepare their youth to attend state events.

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- CR = December 11, 2023 = 9:30 a.m. to 3:30 p.m., Rutherford County Extension Office, Auditorium Room A
- WR = December 14, 2023 = 9:30 a.m. to 3:30 p.m., WTREC
- ER = January 30, 2024 = 9:30 a.m. to 3:30 p.m., ERO
- <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/61925?fromSearch=true>

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**TITLE: “Simplifying the e-Portfolio Process”**

**FACILITATOR(S):** Lori Gallimore

**DESCRIPTOR:** If it's been said once, it's been said a thousand times -- the e-portfolio is just too difficult. Nothing could be further from truth! However, it does take a little planning and understanding. Stop making the process so difficult for yourself and your 4-H member! In this workshop, we will focus on the objectives listed below, explore all areas of the e-portfolio and design a working plan that helps your 4-H'ers create strong e-portfolios in a less stressful way!

Objectives:

- Learn how to use Project Outcomes for writing goals and completing the Size and Scope part of Section A
- Focus on tips and techniques for all six sections of the e-portfolio
- Garner ideas for setting up self-guided work for your 4-H'ers to simplify your schedule
- Master writing for impact
- Explore programmatic designs to help your 4-H'ers with weaker areas of the e-portfolio

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- ER = December 11, 2023 -- 9:30 a.m. to 4:30 p.m., ERO
- WR = January 5, 2024 -- 9:30 a.m. to 4:30 p.m., WTREC
- CR = January 17, 2024 -- 9:30 a.m. to 4:30 p.m., Rutherford County Extension Office, Auditorium A and B
- <https://super2.tennessee.edu/TrainingRegistration/EventManager/Index/63342?fromFacilitator=true>

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**TITLE: “Make Your Own Enviroscape”**

**FACILITATOR(S):** Lynne Middleton

**DESCRIPTOR:** Have you ever seen a 3D EnviroScape® Watershed model? This interactive model shows sources and effects of water pollution and allows you to demonstrate ways to prevent it. Easily show how storm water runoff carries pollutants through the watershed to a pond, lake, river, bay, or ocean – and the best management practices to prevent this type of pollution from occurring. Twenty-two (22) Enviroscape kits have been procured to supply 4-H Agents across the state of Tennessee at no cost. These models cost approximately \$45 each. During this in-service, 22 4-H Agents will learn to use the Enviroscape, decorate/paint their own model to take back to the county, and determine how best to utilize it in their program. The Natural Resource and Conservation Service (NRCS) and Soil Conservation Office in most counties have an Enviroscape and tips on collaborating with them will be shared. Come ready to paint, decorate, and learn!

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- STATEWIDE = January 5, 2024, 9:30 a.m. to 3:30 p.m., Rutherford County Extension Office
  - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/61920?fromSearch=true>
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**TITLE: “Dietary Management of Food Allergies and Food Cultural Practices”**

**FACILITATOR(S):** Erin Ortiz

**DESCRIPTOR:** This objective of this in-service is to educate extension and camp staff on how to read and identify food allergens on food labels, how to create meals that are inclusive for all, and information about dietary/religious restrictions. Tips on traveling with food allergies for agents and camp staff will be provided.

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- WR = February 21, 2024 -- 9:30 a.m. to 3:30 p.m., WTREC
- CR = February 22, 2024 -- 9:30 a.m. to 3:30 p.m., Rutherford County Extension Office
- ER = February 23, 2024 -- 9:30 a.m. to 3:30 p.m., ERO
- <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62799?fromSearch=true>

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**TITLE: “Solar Basics and STEM Activities”**

**FACILITATOR(S):** Morris Long

**DESCRIPTOR:** This in-service training will provide lesson plans and resource kits pertaining to solar energy. Participants will be introduced to basic solar concepts, applications, and STEM lessons relating to solar power. It will provide participants an opportunity to increase their knowledge base and provide STEM activities and resources for their use. Lunch will be provided.

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- WR = April 18, 2024 -- 9:30 a.m. to 3:30 p.m., WTREC
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62933?fromSearch=true>
  - WR = December 5, 2024 -- 9:30 a.m. to 3:30 p.m., WTREC
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62935?fromSearch=true>
  - CR = April 4, 2024 -- 9:30 a.m. to 3:30 p.m., Rutherford County Extension Office
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/63369?fromSearch=true>
  - CR = December 12, 2024 -- 9:30 a.m. to 3:30 p.m., Rutherford County Extension Office
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62941?fromSearch=true>
  - ER = December 16, 2024 -- 9:30 a.m. to 3:30 p.m., ERO
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62939?fromSearch=true>
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**TITLE: “Food Science Programs for Youth”**

**FACILITATOR(S):** Mark Morgan and Kyla Adkins

**DESCRIPTOR:** This in-service will provide information, examples, and resources available to assist youth involved in dairy products evaluation contests and food science projects or events.

No prerequisites required. This information will be provided via a webinar.

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- STATEWIDE = February 1, 2024 -- 2:00 p.m. to 3:00 p.m., Webinar via Zoom
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**TITLE: “More than Alphabet Soup! What is VRKC?”**

**FACILITATOR(S):** Daniel Sarver

**DESCRIPTOR:** This In-Service will be brought to you by the letters V-R-K-C. However, Oscar the Grouch will not be in attendance. Participants will learn about the newly-revised Volunteer Research & Knowledge Competency Taxonomy Model that has been produced on the national level; and how one can use it to greatly enhance volunteer training and management on the county level.

**TRAINING DATES, TIMES, LOCATIONS AND REGISTRATION LINK(S):**

- WR = October 28, 2024 -- 9:00 a.m. to 3:00 p.m., WTREC
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62776?fromSearch=true>
  - ER = October 29, 2024 -- 9:00 a.m. to 3:00 p.m., ERO
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62780?fromSearch=true>
  - CR = October 30, 2024 -- 9:00 a.m. to 3:00 p.m., Rutherford County Extension Office
    - <https://super2.tennessee.edu/TrainingRegistration/RegisterEvent/Index/62784?fromSearch=true>
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**TITLE: “B.E.S.T.: Building Exceptionally Skilled Teachers”**

**INSTRUCTOR:** Lori Gallimore

**DESCRIPTOR:**

The goal of B.E.S.T. is to equip Extension educators to enhance the quality of their teaching. B.E.S.T. consists of three legs, Preparation, Presentation, and Professionalism. Each leg will address an important component of teaching.



- **Day One (half day):** Students deliver a prepared presentation for evaluation with the following learning outcomes:
  - (1) Evaluation by instructor, peers and self
  - (2) Identify personal deficiencies in public speaking and teaching skills

**Day Two (full day):** Participants are exposed to various techniques that will improve public speaking and teaching skills with the following learning outcomes:

- (1) Gain knowledge necessary to improve public speaking skills
- (2) Learn how to organize a presentation
- (3) Address various methods of presenting (including online and face-to-face)
- (4) Understand the importance of audience involvement

**Day Three (half day):** Participants will redesign and then redeliver their previous presentation via Zoom given on “day one” based on their evaluations and knowledge gained from “day two” of the training. The delivery will be conducted in an online format via Zoom, rather than face-to-face. The objective is to document student improvement with the following learning outcomes:

- (1) Develop confidence and effectiveness in public speaking and teaching
- (2) Improve the quality of life/well-being of families of participants that attend UT/TSU Extension presentations
- (3) Use knowledge and skill gained from training to create an effective online presentation
- (4) Recognize differences that must be taken into account regarding the design between online and face-to-face presentations

<u>Region:</u>	<u>Fall 2023 Dates</u>	<u>Spring 2024 Dates</u>	<u>Fall 2024 Dates</u>
WR	TBD	April 24 and 25	December 12 and 13
CR	November 7 and 8	April 22 and 23	November 14 and 15
ER	November 21 and 22	April 29 and 30	December 9 and 10

**SUPER Link:**

**NOTE:** Registration for this in-service is housed in K@TE. Registration for Fall 2023 is currently open -- please search for “Fall 2023 BEST Leg 2”. Registration for Spring 2024 and Fall 2024 will be available at a later date. You will be notified through your regional offices.