

Host a Japanese Youth in Summer 2025 with States' 4-H International

"It's like having a sister I always wanted and a best friend"
-States' 4-H Host Sibling

Open your home to an exchange student and open your lives to the world!



Hosting Details

- July 21-23, 2025 through August 16-18 2025*
 - * Exact dates dependent on your state. Please check with your state's Coordinator for details.
- Host a youth aged 12-18 (majority are 12-14) or an adult chaperone
- Youth have a range of English language abilities, so host families should be prepared to communicate imaginatively
- This is a voluntary program; no stipends will be provided

Host Family Requirements

- You must have a child of the same gender who is within 3 years of the hosted youth (children aged 9+ are eligible to host)
- Families without children of the appropriate age may host an adult chaperone
- No special activities need to be planned since these youth want to experience American culture, make new friends, and improve their English by staying with your family

For more information, visit https://www.states4hexchange.org/state-contacts/ to find contact information for your local State Coordinator