

# 4-H Project Selection Guide

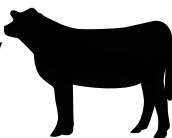
Welcome to Tennessee 4-H!

In which project would you like to be involved?  
Take a look at the projects below to make a choice!



## BEEF

Learn how to identify breeds and anatomy of beef cattle, how to manage a herd, and show cows in a competitive way.



## CITIZENSHIP

Become a better citizen by transforming your community and activating a sense of citizenship in others.



## CLOTHING & TEXTILES

Includes wardrobe planning, care & maintenance of clothing, creating clothing & accessories, and understanding textiles.



## COMMUNICATIONS & PUBLIC SPEAKING

Improve in all forms of communication, including written, visual, verbal, and non-verbal communication.



## COMPANION ANIMALS

Identify the best companion animal for you, learn basic care and feeding, identify common breeds.



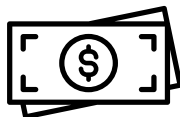
## COMPUTERS & TECHNOLOGY

Learn about technology and its functions, including coding, program development, and identifying computer parts.



## CONSUMER EDUCATION

Learn about the economy and how to manage income, understand the economy, and create a financial plan.



## CREATIVE ARTS & DESIGN

Learn about and explore visual arts, crafts, interior, and graphic design.



## DAIRY

Learn about the care, management, anatomy, and showing of dairy cattle.



## ENERGY

Learn about energy, the transfer of energy, where energy comes from, and the differences between the types of energy.



## ENGINEERING & SAFETY SCIENCE

Learn all about the process of engineering, including design, revision, and maintaining a safe workspace.



## ENTOMOLOGY & BEEKEEPING

Introduces 4-H members to the exciting world of insects and their relatives, the arthropods.



## ENTREPRENEURSHIP

This project focuses on starting a business, money-making, selling and providing goods to clientele.



## ENVIRONMENTAL/AG ENGINEERING (EASE)

Learn about agricultural systems, what lives in your backyard, soils, biodiversity, the water cycle, and renewable and non-renewable resources.



## FOOD SCIENCES

Learn about microbiology, chemical reactions in food, and food-related careers.



## FORESTRY, WILDLIFE, & FISHERIES

Learn about being outdoors, species of wildlife, aquatic animals, and the environment.



## GOAT

Explore different breeds of goats. Learn how to manage and show your herd.



## HEALTHY LIVING

Learn how your food choices, the amount of activity, your intellect, and even your emotions affect your physical, mental, financial, and environmental well-being.



## HORSE

Learn horse management, conformation, anatomy, and diseases related to horses.



## LEADERSHIP

Gain the skills to be leaders of themselves, their community, and their world.



## OUTDOOR RECREATION & SHOOTING SPORTS

Learn about canoeing, kayaking, camping, and fishing. Develop skills and precision in shooting sports activities through this project.



## PERFORMING ARTS

Learn about performing arts, such as theatre, vocal, and dance.



## PHOTOGRAPHY & DIGITAL MEDIA

Learn about parts of a camera, image composition, video editing, and careers of reporters and influencers in this project.



## PLANT SCIENCES

Learn about how food and fiber are produced while also learning about gardening and methods of growing a variety of plants and turf.



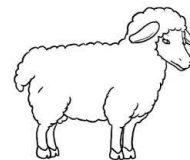
## POULTRY

Learn how to raise and manage poultry, whether it be a small, at home flock, or a major operation.



## SHEEP

Learn all about the management, anatomy, and proper nutrition of sheep.



## SWINE

Learn about the breeds of pigs, the management of a herd, and how to show them.



## VETERINARY SCIENCES

Learn about the anatomy of animals, common diseases they have, and treatments for them.



## Want to know more?

You can find more information on the Tennessee 4-H project areas, including lists of project area outcomes and project guides, at:

<https://4h.tennessee.edu/what-interests-you/>

