

What Are We Doing:

In our Creative Arts and Design Virtual Project Group (CAD VPG), we will be building and collecting elements to create a handmade junk journal. We complete this journey in April with binding our journals. Can't believe this is our last meeting of the year! Here's the outline:

Agenda:

- Welcome and Overview
- Art History: How the "Junk Journal" Came to Be
- Activity: Binding Your Art Work to Make Your Own Junk Journals
- A Preview: The 2025-2026 Creative Arts and Design Virtual Project Group
- The 4-H Project e-Portfolio
- Creative Challenges

Supplies:

Just a reminder – You do NOT have to have any or all of the supplies. Use what you already have at home! If you have none of the supplies, you can still watch and learn. I watch lots and lots of art videos and take a lot of online classes – and not make anything. I'm just learning too! Please don't let the supply list intimidate you! That is not its purpose!!!

List of Supplies:

- Five (5) Pieces of Your Own Art Work (may include "junk" pages like old homework, pages from a magazine, flyers or church bulletins, etc...) While these "papers" are great to use as fillers (I use them too!), please make an effort to include pages with your own work.
- Needle (an embroidery needle is ideal because it is bigger and easier to use/work through paper, but a regular sewing needle will work too. Please be careful not to stick yourself!
- Embroidery thread or book binding thread (waxed thread). Regular sewing thread CAN work ... but you will have to repeat steps in the binding process and it's not as "sturdy".
- Scissors
- Ruler
- Cereal or Cracker Box
- Washi Tape (the tape you made from our last class). Masking tape will also work.
- Pencil

OR

Alternative Supplies:

- You may substitute dental floss for thread in this project.
- Rubber bands (like hair bands or hair ties)

See Ya Soon! TUESDAY, APRIL 15, 2025 AT 7:00 P.M. (eastern time)/6:00 P.M. (central time); ZOOM LINK: <https://tennessee.zoom.us/j/88994093415>

Creative Arts  AND Design
VIRTUAL 4-H PROJECT GROUP