4-H Project Selection Guide

Welcome to Tennessee 4-H!
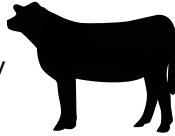**In which project would you like to be involved?**
Take a look at the projects below to make a choice!

BEEF
Learn how to identify breeds and anatomy of beef cattle, how to manage a herd, and show cows in a competitive way.

CITIZENSHIP
Become a better citizen by transforming your community and activating a sense of citizenship in others.

CLOTHING & TEXTILES
Includes wardrobe planning, care & maintenance of clothing, creating clothing & accessories, and understanding textiles.

COMMUNICATIONS & PUBLIC SPEAKING
Improve in all forms of communication, including written, visual, verbal, and non-verbal communication.

COMPANION ANIMALS
Identify the best companion animal for you, learn basic care and feeding, identify common breeds.
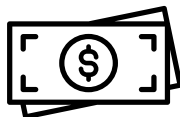
COMPUTERS & TECHNOLOGY
Learn about technology and its functions, including coding, program development, and identifying computer parts.

CONSUMER EDUCATION
Learn about the economy and how to manage income, understand the economy, and create a financial plan.

CREATIVE ARTS & DESIGN
Learn about and explore visual arts, crafts, interior, and graphic design.

CULINARY ARTS
Learn the art of planning for and preparing a dish, cooking, baking, and plating in this food-related project.

DAIRY
Learn about the care, management, anatomy, and showing of dairy cattle.

ENERGY
Learn about energy, the transfer of energy, where energy comes from, and the differences between the types of energy.

ENTOMOLOGY & BEEKEEPING
Introduces 4-H members to the exciting world of insects and their relatives, the arthropods.

ENTREPRENEURSHIP
This project focuses on starting a business, money-making, selling and providing goods to clientele.

ENVIRONMENTAL/AG ENGINEERING (EASE)
Learn about agricultural systems, what lives in your backyard, soils, biodiversity, the water cycle, and renewable and non-renewable resources.

FOOD SCIENCES
Learn about the science of food, food safety hazards, hygienic design of equipment, thermal processing methods, nutritional labeling, and food manufacturer and careers in the food industry.

FORESTRY, WILDLIFE, & FISHERIES

Learn about forests, species of wildlife, and aquatic animals.

GOAT

Explore different breeds of goats. Learn how to manage and show your herd.

HEALTHY LIVING

Learn how your food choices, the amount of activity, your intellect, and even your emotions affect your physical, mental, financial, and environmental well-being.

HORSE

Learn horse management, about structure and conformation, anatomy, and some diseases related to the equine species.

LEADERSHIP

Gain the skills to be leaders of themselves, their community, and their world.

MECHANICS & SAFETY SCIENCE

Learn about mechanical systems, engines, and the science behind safety practices and keeping a safe workspace.

OUTDOOR RECREATION & SHOOTING SPORTS

Learn about canoeing, kayaking, camping, and fishing. Develop skills and precision in shooting sports activities through this project.

PERFORMING ARTS

Learn about the performing arts, including theatre, vocal, instrument, and dance.

PHOTOGRAPHY & DIGITAL MEDIA

Learn about parts of a camera, image composition, video editing, and careers of reporters and influencers in this project.

PLANT SCIENCES

Learn about how food and fiber are produced while also learning about gardening and methods of growing crops including a variety of plants and turf.
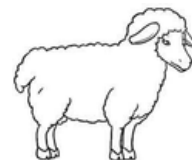
POULTRY

Learn how to raise and manage poultry, whether it be a small, at home flock, or a major operation.
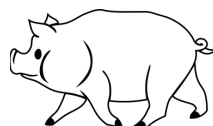
SHEEP

Learn all about the management, anatomy, and proper nutrition of sheep.

SWINE

Learn about the breeds of pigs, the management of a herd, and how to show them.

VETERINARY SCIENCES

Learn about the anatomy of animals, common diseases they have, and treatments for them.

Want to know more?

You can find more information on the Tennessee 4-H project areas, including lists of project area outcomes and project guides, at:

https://4h.tennessee.edu/what-interests-you/