

| 4/4                          | Member's Name:                                                                                                                                                                                                                                                                     | Grade (on January 1):                                                                                                             |  |
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|                              | Number of Years in 4-H Project: _                                                                                                                                                                                                                                                  | , , , , , , , , , , , , , , , , , , , ,                                                                                           |  |
| MY GOALS and WH              | HAT I LEARNED                                                                                                                                                                                                                                                                      |                                                                                                                                   |  |
|                              | <b>Project-related goals:</b> List up to six (6) project goals you would like to accomplish this year. Goals should be written in SMART goal form and sed on project coucomes: <a href="https://4h.tennessee.edu/clothing-textile/">https://4h.tennessee.edu/clothing-textile/</a> |                                                                                                                                   |  |
| Example: This year, I will o | create four (4) wardrobe plans — one for eac                                                                                                                                                                                                                                       | ch season of the year.                                                                                                            |  |
| <b>0</b>                     |                                                                                                                                                                                                                                                                                    |                                                                                                                                   |  |
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| 3                            |                                                                                                                                                                                                                                                                                    |                                                                                                                                   |  |
|                              |                                                                                                                                                                                                                                                                                    | s you learned this year related to your project and based on the goals you<br>goal? What did you learn? What did you accomplish?. |  |
| Example: This year, I inver  | ntoried my clothing and created four (4) war                                                                                                                                                                                                                                       | rdrobe plans. I learned that many garments fit into multiple seasonal categories.                                                 |  |
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form 305

| <b>2. Project Experiences:</b> Summarize this year's experiences of your project goals. Identify the project outcome subheader and outco<br>to your project goal specifically.The number of the goals from the first page should correspond to the specific goal numbers on these po<br>from the first page should match Goal #1 on this page, etc Be sure to explain in as much detail as possible your specific work or act | iges (i.e. G  | oal#1           |
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| "Specific Project Experiences" area. Limit activities included to the specific outcome identified. If you have supporting documentation/n with a lowercae letter — (a), (b), (c), etc for example — at the end of the activity statement and include a link to this supporting mater "Supporting Project Materials" section of your webiste. Be sure to upload that work to the correlating link.                             | naterials, ic |                 |
| Goal D - 4-H Project Outcome Subheader:                                                                                                                                                                                                                                                                                                                                                                                       |               |                 |
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| List 4-H Project Outcome:                                                                                                                                                                                                                                                                                                                                                                                                     |               |                 |
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| Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome. Use as much detail as possible — including numbers — to show significance of impact and what was learned.                                                                                                                                                                                                    | Level         | Units           |
| Example: Researched/presented the five (5) steps of wardrobe planning for my Clothing and Textiles Project Group. (a)                                                                                                                                                                                                                                                                                                         | С             | 15 min          |
|                                                                                                                                                                                                                                                                                                                                                                                                                               |               |                 |
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| Goal 2 - 4-H Project Outcome Subheader:                                                                                                                                                                                                                                                                                                                                                                                       |               |                 |
| Goal 27 - 4-111 Toject Outcome Subheader.                                                                                                                                                                                                                                                                                                                                                                                     |               |                 |
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| List 4-H Project Outcome:                                                                                                                                                                                                                                                                                                                                                                                                     |               |                 |
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| Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.                                                                                                                                                                                                                                                                                                              |               |                 |
| Use as much detail as possible – including numbers – to show significance of impact and what was learned.  Example: Researched/presented the five (5) steps of wardrobe planning for my Clothing and Textiles Project Group. (a)                                                                                                                                                                                              | Level         | Units<br>15 mir |
| Example. Rescarcined presented are five (5) steps of wardrope planning for my clouming and rextiles Project Group. (a)                                                                                                                                                                                                                                                                                                        | -             | 13 11111        |
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WHAT I DID IN MY PROJECT

| WHAT I DID IN MY PROJECT continued  2. Project Experiences: Summarize this year's experiences of your project goals. Identify the project outcome subheader and outcome subheade |                              |        |
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| to your project goal specifically. The number of the goals from the first page should correspond to the specific goal numbers on these page from the first page should match Goal #1 on this page, etc Be sure to explain in as much detail as possible your specific work or active "Specific Project Experiences" area. Limit activities included to the specific outcome identified. If you have supporting documentation/mowith a lowercae letter — (a), (b), (c), etc for example — at the end of the activity statement and include a link to this supporting material "Supporting Project Materials" section of your webiste. Be sure to upload that work to the correlating link.  Goal 3 - 4-H Project Outcome Subheader:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | vities in th<br>aterials, ic | he     |
| Titroject Guttome Gutter                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                              |        |
| List 4-H Project Outcome:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                              |        |
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| Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Use as much detail as possible – including numbers – to show significance of impact and what was learned.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Level                        | Units  |
| Example: Researched/presented the five (5) steps of wardrobe planning for my Clothing and Textiles Project Group. (a)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | С                            | 15 min |
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| Goal 4 - 4-H Project Outcome Subheader:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                              |        |
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| List 4-H Project Outcome:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                              |        |
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| Specific Project Experiences' orea. Limit activities included to the specific outcome identified. If you have supporting documentation/materials identify this allowerous letter—(a), (b), (c) ear., for example—at the end of the activity statement and include a link to this supporting material in the Supporting Project Materials' section of your webiste. Be sure to upload that work to the correlating link.  Goal 3 - 4-H Project Outcome:  Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Use as much detail as possible—including numbers—to show significance of impact and what was learned.  Example: Researched/presented the five (5) steps of wardrobe planning for my Clothing and Textiles Project Group. (a)  Coal 4 - 4-H Project Outcome Subheader:  Goal 4 - 4-H Project Outcome Subheader:  Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Level United States of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Level United States of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Level United States of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Level United States of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Level United States of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>WHAT I DID IN MY PROJECT continued 2. Project Experiences:</b> Summarize this year's experiences of your project goals. Identify the project outcome subheader and outcome to your project goal specifically. The number of the goals from the first page should correspond to the specific goal numbers on these page from the first page should match Goal #1 on this page, etc Be sure to explain in as much detail as possible your specific work or active. | es (i.e. G | oal #1 |
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| Units    See as much detail as possible – including numbers – to show significance of impact and what was learned.   Level   Units                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | List 4-H Project Outcome:                                                                                                                                                                                                                                                                                                                                                                                                                                           |            |        |
| Units    See as much detail as possible – including numbers – to show significance of impact and what was learned.   Level   Units                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |            |        |
| Goal 6 - 4-H Project Outcome Subheader:  List 4-H Project Outcome:  Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Use as much detail as possible – including numbers – to show significance of impact and what was learned.  Level Units.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Use as much detail as possible – including numbers – to show significance of impact and what was learned.                                                                                                                                                                                                                                         | Level      | Units  |
| List 4-H Project Outcome:  Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Use as much detail as possible — including numbers — to show significance of impact and what was learned.  Level Units                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Example: Researched/presented the five (5) steps of wardrobe planning for my Clothing and Textiles Project Group. (a)                                                                                                                                                                                                                                                                                                                                               | С          | 15 min |
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| Details of Project Experience: Describe the activities you completed that shows mastery of the selected outcome.  Use as much detail as possible – including numbers – to show significance of impact and what was learned.  Level Units                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |            |        |
| Use as much detail as possible including numbers to show significance of impact and what was learned.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | List 4-H Project Outcome:                                                                                                                                                                                                                                                                                                                                                                                                                                           |            |        |
| Use as much detail as possible including numbers to show significance of impact and what was learned.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |            |        |
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**3.Additional Supporting Evidence:** Use this section to highlight any additional activities completed that support your project work, AND correlate with any of the project outcomes, but do not neccessarily relate to your goals for this year. Examples might include, but not be limited to presentations, exhibits, awards, recognition, educational conferences and programs, etc... These activities do not have to be just 4-H activities, but they do have to relate to your main project. Please be sure to list the level of project work (beginning, intermediate or advanced) in the "Project Outcome/Subheader" section and list the the outcome subheader. Please be sure to explain your specific responsibility for each in the "What You Did/Details of Project Experiences" section. If you have supporting documentation/materials, identify with a lowercae letter — (a), (b), (c), etc... for example — at the end of the activity statement and include a link to this supporting material in the "Supporting Project Materials" section of your webiste. Be sure to upload that work to the correlating link.

| work to the correlating link.    |                                                                                                   |
|----------------------------------|---------------------------------------------------------------------------------------------------|
| Project Outcome                  | What You Did/Details of Project Experiences                                                       |
| ADVANCED - Care and Mainteinance | Participated in a 2-hour workshop with local seamstress to learn three (3) darning techniques (b) |
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**4.What Else?:** The purpose of this section is to capture other things that you have done in your main proejct work, but the work does not relate to any of the project outcomes. These activities do not have to be just 4-H activities, but they do have to relate to your main project. Please be sure to explain what you did for each activity.. If you have supporting documentation/materials, identify with a lowercae letter — (a), (b), (c), etc... for example — at the end of the activity statement and include a link to this supporting material in the "Supporting Project Materials" section of your webiste. Be sure to upload that work to the correlating link.

| Type of Project or Activity | What You Did/Details of Project Experiences                                 |
|-----------------------------|-----------------------------------------------------------------------------|
| Example: Quilting Camp      | Taught "Sewing Machine Parts BINGO" to 23 camp participants; 45 minutes (c) |
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| relate to your specif<br>not limited to, specif<br>is leadership. Select<br>project or activity in | g my 4-H Citizenship Skills in My Project<br>fic project area. Summarize this year's expe<br>fic roles such as a volunteer, any notable ass<br>t the appropriate "audience" from the drop-<br>the last column. Supporting materials and | Work: Citizenship in this section should include how you used citizenship skills as they eriences as a junior or teen leader in this section. Remember, citizenship may include, but is sistance provided, etc Citizenship is NOT instances in which you took a leading role — that down menu, identify the "Type of Project or Activity" and then describe the details of your documentation may be added as in previous sections. |
|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Name of 4-H Pro                                                                                    |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Audience                                                                                           | Type of Project or Activity                                                                                                                                                                                                             | Details of Project/Activity Experience                                                                                                                                                                                                                                                                                                                                                                                              |
| Community                                                                                          | Example: Hurricane Clothing Drive                                                                                                                                                                                                       | Co-collaborated on a clothing drive; Collected 67 articles for victims; 14 hours (d)                                                                                                                                                                                                                                                                                                                                                |
| <u> </u>                                                                                           |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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| 6. How I Am Usin                                                                                   | g My 4-H Citizenship Skills in Other Wa                                                                                                                                                                                                 | nys: How do you use the citizenship skills you have learned in 4-H in other ways besides                                                                                                                                                                                                                                                                                                                                            |
| your project work? (camps, judging team                                                            | Consider your citizenship efforts in governme                                                                                                                                                                                           | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered.                                                                                                                                                                                                                                                |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (<br>camps, judging tean<br>Supporting material:                                | Consider your citizenship efforts in governments, project groups, special interest groups), 4-ls and documentation may be added as in p                                                                                                 | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.                                                                                                                                                                                                                             |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |
| your project work? (camps, judging tean Supporting material:  Audience                             | Consider your citizenship efforts in governments, project groups, special interest groups), 4 ls and documentation may be added as in particular type of Project or Activity                                                            | ent. global and with family, friends and your community. Citizenship with 4-H groups (clubs, -H events, and other organizations in which you are a member should also be considered. previous sections.  Details of Project/Activity Experience                                                                                                                                                                                     |

## LEADERSHIP |

7. How I Am Using my 4-H Leadership Skills in My Project Work: Leadership in this section should include how you used leadership skills as they relate to your specific project area. Summarize this year's experiences as a junior or teen leader in this section. Remember, leadership may include, but is not limited to, specific roles such as offices held, leadership work with committees, activities to which you gave leadership, leadership training events you led or attended, etc... Leadership is NOT instances in which you helped or assisted — that is citizenship. Be sure to explain your specific responsibility for each. Supporting materials and documentation may be added as in previous sections.

## Name of 4-H Project:

| Audience | Type of Project or Activity    | Details of Project/Activity Experience                                  |
|----------|--------------------------------|-------------------------------------------------------------------------|
| Camp     | Example: Taught Hemming Lesson | Facilitated 30-minute session on how to hem pants; 12 participants. (f) |
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**8.** How I Am Using My 4-H Leadership Skills in Other Ways: How do you use the leadership skills you have learned in 4-H in other ways besides your main project? Consider your leadership efforts with 4-H groups (clubs, camps, judging teams, project groups, special interest groups), 4-H events, 4-H marketing efforts and other organizations in which you are a member. Remember, leadership may include, but is not limited to, specific roles such as offices held, leadership work with committees, activities to which you gave leadership, leadership training events you led or attended, etc... Leadership is NOT instances in which you helped or assisted. Be sure to explain your specific responsibility for each. You may include supporting documents/materials just like you have in all other sections.

| Audience | Type of Project or Activity | Details of Project/Activity Experience                                                |
|----------|-----------------------------|---------------------------------------------------------------------------------------|
| Сатр     | Campfire Committee          | Led 300 junior 4-H'ers in 10 songs/2 skits at camp campfire activity; 30 minutes. (g) |
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