



Outdoor Recreation/Shooting Sports

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General Outdoor Recreation, Camping & Hiking

- Explain the importance of each of the ten Essentials of Outdoor Activities
- Create a simple outdoor recreation First Aid kit
- Prepare a nutritious snack to take on an outdoor adventure
- Demonstrate how to set up a tent and/or hammock
- Learn how to safely build a campfire and demonstrate this skill with an adult.

Fishing

- Summarize local laws and regulations related to fishing
- Define the following terms: tackle, lure, line weight, game fish
- Identify the parts of a fish
- Describe elements of safely casting a line
- Compare and contrast spin casting, spinning, and bait casting
- Tie a Clinch knot and a Palomar knot
- Successfully bait a hook for fishing
- Catch a fish with any type of rod and reel

Firearms

- Describe the importance of basic firearm safety
- Discuss the rules and regulations for transporting and storing firearms and demonstrate to an adult how to safely transport a firearm
- Identify the major components and uses of rifle, shotgun, and pistol
- Demonstrate safe gun-handling with an adult (MAT - Muzzle in a safe direction, Action open and unloaded, finger off the Trigger)
- Watch an adult clean and store a firearm safely
- Participate in a live-fire activity in your Shooting Sports discipline



- Define eye dominance and show someone else how to check their eye dominance
- Explain sight alignment
- Explain why proper breathing is important when firing a shot
- Demonstrate proper gun passing
- Develop stamina to shoot a certain number of shots within two hours
- Score targets
- Consistently follow five fundamental safety rules (Muzzle control, Action open and empty, Finger off trigger, Eye and ear protection, Personal responsibility)

Archery

- Describe the importance of basic archery safety
- Correctly identify the different types of bows
- Label the parts of all types of bows
- Name and identify the parts of an arrow
- Under the supervision of an adult, clean and store a bow safely
- Identify proper protective equipment (shoes, arm guards, release, finger guards)
- Participate in a live-fire activity in archery
 - Define eye dominance and show someone else how to check their eye dominance
 - Explain sight alignment
 - Explain why proper breathing is important when firing a shot
 - Develop stamina to shoot 40 shots at one standing
 - Score a target

Hunting

- Explain where to find information on Tennessee's general laws and regulations for hunting
- Given a picture, identify all of Tennessee's game animals by sight
- Review basic firearm & archery safety
- Describe and demonstrate stalking
- Discuss the importance of camouflage
- Go hunting for at least one type of Tennessee game

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