

Outdoor Recreation/Shooting Sports

September 2025
For more information, contact:
Aaron Spurling, 4-H Youth Development
Lynne Middleton, 4-H Youth Development

General Outdoor Recreation, Camping & Hiking

- Demonstrate the seven Leave No Trace principles during outdoor activities
- Plan and pack equipment for an overnight trip considering safety and nutrition
- Use map, compass, or GPS to navigate a designated route
- Recognize and respond appropriately to environmental hazards (hypothermia, dehydration, and poisonous plants)
- Record and reflect on outdoor experiences in a personal log or journal

Fishing

- Identify different types of fishing equipment and explain each of their uses
- Demonstrate safe casting and retrieval techniques
- Recognize local fish species and understand size/bag limits
- Keep a fishing log with species caught, location, and conditions
- Explain the importance of aquatic habitat conservation

Firearms

- Identify major parts and functions of rifles and shotguns
- Demonstrate safe loading, unloading, and storage of firearms under supervision
- Show correct stance, breathing, sight alignment, and trigger control
- Explain the differences between common types of ammunition and when to use them
- Keep a shooting log with practice sessions, scores, and areas for improvement





Archery

- Using identification of different types of bows and arrows from the Beginner Outcomes, explain each of their uses
- Demonstrate safe handling, nocking, drawing, and releasing
- Adjust stance, anchor point, and release for improved accuracy
- Compare different types of arrows (material, tip styles) and their applications
- Explain scoring and rules for target archery

Hunting

- Identify local game species and understand seasons, bag limits, and licensing requirements
- Demonstrate safe handling of hunting equipment (firearms, bows, blinds, tree stands)
- Explain and apply fair chase and ethical hunting principles
- Recognize and interpret basic animal signs (tracks, scat, rubs)
- Describe basic field dressing procedures

AG.TENNESSEE.EDU

Real. Life. Solutions.™

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.

University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.

UT Extension provides equal opportunities in programs and employment.

September 2025