#### OFFICIAL CONGRESS DRESS

MALE

Collared shirt (button-up)

Tie is required

Dress slacks

Socks to match dress slacks.

Black or brown dress shoes

FEMALE

Collared shirt or turtleneck.

Skirts or dress slacks.

NOTE: All skirts must be no shorter

than fingertip length

Dress shoes

PLEASE NOTE

Official 4-H Congress Sweater should be worn by everyone with each official Congress Dress.







#### CASUAL DRESS

MALE Jeans and khakis

T-shirts

Athletic shoes, flip-flops and crock-type

footwear

FEMALE Jeans and khakis

T-shirts

Athletic shoes, flip flops, and crock-

type footwear.

Shorts are permitted, but must be no

shorter than fingertip length.

Cut-offs or worn jeans with holes are not permitted.







#### SEMI-FORMAL DRESS

MALE

Slacks, jacket, shirt, tie (required) and black or brown dress shoes.

FEMALE

Dresses from knee to floor length or pants suits appropriate for a prom or similar dress up activity.

PLEASE NOTE

Party and prom dresses may be strapless, but must be appropriate. However,backless, low-cut (front or back) ensembles or those that expose the midriff or navel are not appropriate







### NOT TO BE WORN AT CONGRESS

- Cut-offs, ripped jeans or other clothing with holes
- Bare feet are not appropriate for any Congress activity
- Dress and appearance should not present health or safety hazards or cause disruption
- No hats are to be worn of any kind (This pertains to both ladies and gentlemen)
- No headphones unless required for a medical need.
- Clothing that advertises alcoholic beverages, tobacco products or drugs
- Clothing that has vulgar, obscene or offensive messages or images
- Pajamas/sleepwear or outfits with visible undergarments are not to be worn outside of your room
- Athletic shoes, flip flops, or sandals
- Tube tops, Halter tops, one-shoulder tops, Strapless tops, Casual tops with spaghetti straps, Camisoles, Clothing that exposes the midriff, navel, back or cleavage.
- See-through clothing
- Muscle shirts



### OTHER DETAILS

Knowing what to wear for 4-H Congress can be a challenge ... especially if this is your first time to the event. Keep in mind that you are representing your county as well as the 4-H program. Thus, it is better to be "overdressed" than "under-dressed." The most important and most basic guideline is that your general appearance should be neat and clean.

Tennessee state 4-H staff, Extension personnel and adult volunteer leaders may ask any individual to modify their clothing selection if the Congress dress code is not met.

For security purposes, neckwallets are to worn AROUND THE NECK at all times. However, they may be carried in a pocket or purse to the Citizenship Banquet and Inaugural Ball.

