



form 305  
COMMUNICATIONS and PUBLIC SPEAKING PROJECT  
Tennessee 4-H Project Profile

Member's Name: \_\_\_\_\_ Grade (on January 1): \_\_\_\_\_

Number of Years in 4-H Project: \_\_\_\_\_

**MY GOALS and WHAT I LEARNED**

**1. Project-related goals:** List up to six (6) project goals you would like to accomplish this year. Goals should be written in SMART goal form and based on project outcomes: <https://4h.tennessee.edu/what-interests-you/public-speaking/>

*Example: This year, I will take a 4-week publishing class to learn InDesign – an Adobe product – and create a tri-fold brochure to promote the fair.*

1.

2.

3.

4.

5.

6.

**2. What I Did/Learned:** Describe the knowledge, lessons and skills you learned this year related to your project and based on the goals you identified in the section above..What did you do towards achieving the goal? What did you learn? What did you accomplish?.

*Example: This year, I participated in 12 hours of InDesign training; Created promo brochure for the fair; Distributed to 13 local businesses; 750 copies .*

1.

2.

3.

4.

5.

6.













